

PONTE DE LIMA



2017 ECA  
CANOE MARATHON  
EUROPEAN  
CHAMPIONSHIPS



BULLETIN #1 JANUARY 2017



# GENERAL INFORMATION



**“Discover Ponte de Lima, a lively town, full of unique experiences, in a region that has been considered one of the eight best European destinations by the European Prize for Tourism and Environment.”**

Ponte de Lima, known for being the oldest village in Portugal, has had the wisdom and ability to keep a healthy distance from the values that so often govern today's culture, instead directing science and rationality towards the areas of heritage, environment and the rural way of life. An integrated vision of spatial planning, coordinated policies and investments common to various sectors, together with a timely and committed belief in heritage and endogenous resources, have contributed to a perfectly coordinated identity and authenticity combining modernity, attractiveness and competitiveness, which are all very important factors for tourism, quality of life and the well-being of the population.

Successful tourism, with its increasing importance in the social-economic context of the council, cannot be dissociated

from diversity and high quality cultural and natural heritage conservation, which latterly in Ponte de Lima have boosted eco- and cultural tourism.

Ponte de Lima is proud to be considered in recent years a national example as far as green spaces, environment and life quality are concerned. Visitors are immediately struck by its leisure facilities and also by the number of people walking, cycling and horse riding, enjoying the Ecovias (ecological-paths), canoeing, swimming in the river Lima, and many other activities, in other words, people who indeed seek an excellent standard of living.

Discover Ponte de Lima, a lively town, full of unique experiences, in a region that has been considered one of the eight best European destinations by the European Prize for Tourism and Environment.



# PORTUGAL I. D.

**OFFICIAL NAME** PORTUGUESE REPUBLIC

**FOUNDING OF THE PORTUGUESE** 1143

**FOUNDING OF THE REPUBLIC** 1910

**POLITICAL SYSTEM** DEMOCRACY

**LANGUAGE** PORTUGUESE

**TERRITORIAL ORGANIZATION** TWO AUTONOMOUS REGIONS (AZORES AND MADEIRA).  
18 DISTRICTS

**CAPITAL** LISBON

**AREA** 92.142 KM.<sup>2</sup>

**POPULATION** 10.642.836 (JULY 2007 EST.) 

**CURRENCY** EURO, DIVIDES INTO 100 CENTIMES



# MUNICIPALITY PONTE DE LIMA I.D.

**REGION** NORTH

**SUBREGION** ALTO MINHO

**TOTAL ÁREA** 321KM.<sup>2</sup>

**TERRITORIAL ORGANIZATION** MUNICIPALITY WITH 39 PARISHES

**TOTAL RESIDENTE POPULATION** 44 343 





# PONTE DE LIMA, THE OLDEST VILLAGE IN PORTUGAL

**“Ponte de Lima is a focal point for a large group of places that are characterized by their important ecologic value and diversity of ecosystems represented.”**

In the heart of the Lima Valley, the unique and genuine beauty of the oldest town in Portugal hides deep roots and ancestral legends. It was Teresa, Countess of Portugal, who, in the distant date of March 4th of 1125, signed the town's charter, calling it “Terra de Ponte” (Bridge Land). Years later, already in the fourteenth century, Pedro I, taking into account the strategic position of Ponte de Lima, ordered it to be walled, which resulted in a medieval walled burg with nine towers. Two of these are still standing and there are traces of several others and of the whole defensive structure built at the time. The access to the town is made through six doors.

The town began to grow in the eighteenth century and as a consequence its walls began to be pulled down. Throughout the county of Ponte de Lima, opulent manorial houses were built by the nobility of the time. Over the years, Ponte de Lima has thus added to its natural beauty magnif-

icent Gothic, Mannerist, Baroque, Neoclassical and nineteenth century façades, significantly increasing the historical, cultural and architectural value of this unique corner of Portugal.

## PONTE DE LIMA LAND OF UNIQUE LANDSCAPES, FULL OF NATURAL RICHES

Ponte de Lima is a focal point for a large group of places that are characterized by their important ecologic value and diversity of ecosystems represented. Traveling from the mountain tops downwards towards the valley, it is possible to identify various places with high natural significance, namely the high plateau areas, hillslopes, and valleybottoms, associated

with alluvial soil. With diversified and dynamic landscapes of unique beauty, these areas support the great majority of a group of species which, constitutes one of the most representative biological collections of the region, with only the endemic elements of the higher mountainous areas and the species typical of coastal ecosystems missing.

Worth mentioning, not only because of their existence, but also because they are where most of the outdoor tourist activities take place, are the Área Protegida e Zona Húmida de Importância Internacional das Lagoas de Bertandos e S. Pedro de Arcos (protected natural area and wetlands of international importance in the Lakes of Bertandos and S. Pedro de Arcos) and the Sítio de Importância Comunitária do Rio Lima (site of community importance of the Lima river).

Outdoor tourist activities, when taking place within protected landscape areas, can be officially recognized and classified as Nature Tourism.

## RIVER LIMA, THE RIVER OF FORGETFULNESS

The connection between this town and the river that gave part of its name is very strong and, even today, we have to recognise the value added which is also an outstanding point for tourism and environment sectors.

Called Lethe - the River of Forgetfulness by the Romans (who believed that those who crossed would forever lose their memory), for centuries it watered our

lands, supplied water for our homes and allows locals and visitors to bathe in it in the Summer, since it has fortunately not yet been touched by pollution.

Nautical sports are more and more practiced and this causes growing demand for the facilities provided for athletes and apprentices of different aquatic sports.

## THE GARDEN TOWN

Ponte de Lima is the most floral town in Portugal. Respect for and maintenance of green spaces are reflected in their characteristic harmony. In the town and the surrounding area there are a notable series of gardens that invite for long walks, reading, resting and full relaxation.

Still on the right bank, Campos do Arnado is another pleasant landscaped area for lovers of green spaces and in the Summer offers easy access to the transparent waters of the river and the must see International Garden Festival.

On the left bank, the leafy and monumental Plane Tree Avenue, the Terceiros Garden and Guia Park call for a longer visit. In the town centre, the Dr. Adelino Sampaio, Lapa, Villa Moraes and Paço do Marquês gardens are just some examples of how much you can find in this historical town.

**“Outdoor tourist activities, when taking place within protected landscape areas, can be officially recognized and classified as Nature Tourism.”**



# LEGAL ASPECTS

## ORGANIZING COMMITTEE

0. C. The structure of the Organization is defined as shown in the following diagram, with members of the Portuguese Canoe Federation, of Nautical Club of Ponte de Lima and Ponte de Lima City Hall. The Portuguese Canoe Federation has the status of public sports utility, being the maximum legal entity for all the National Canoeing issues, responsible for the organization and regulation of all the competitions in national territory. The Portuguese Canoe Federation already

organized several National Championships in this course of action. This great effort is being made to develop the sport, calling more athletes, audiences and sponsors. As part of this plan, the Portuguese Federation wants to organize majors events that can help to reach the goals defined. The host of 2017 European Canoe Marathon Championships, also enjoys the support of government authorities, of the Secretary of state of sport and of local authorities.





## MESSAGE FROM THE MAYOR

Nautical sports play an important role within the set of actions that we propose to increase, articulate and integrate and which will certainly contribute to the quest of the municipality's objectives for development by exploiting the Lima River's great potential in terms of natural settings, on the one hand, and equipment and supporting infrastructures created for this purpose, on the other.

The combination of these initiatives aims to create an image of a strong identity as well as an allure that endeavors to stimulate an increase in the number of sportspersons, tourists and visitors to the region; that it be recognized nationally and internationally due to the high indicators of quality and that there be new investment in activities related to nautical sports, hotels, restaurants, tourism com-

panies, among others.

The growth of Canoeing as an activity and its promotion by the Ponte de Lima Nautical Club is progressively assuming a preponderant role in the sporting life of our young people, illustrated by the good results achieved in competitions that highly dignify the Alto Minho region. Club athletes are often summoned to represent national colors, having now won gold medals for Portugal in European and World Championships as well as an Olympic medal.

At the same time, it is imperative that the incorporation of this strategy in the region of the Alto-Minho be mentioned, namely if we view these aims in the wider scope of the Cidade Náutica project (nautical city project). This project endeavors to be a dynamic center of

**“The combination of these initiatives aims to create an image of a strong identity as well as an allure that endeavors to stimulate an increase in the number of sportspersons, tourists and visitors to the region;”**

economic activities linked to the sea and the river, constituting itself as a nucleus of strategic affirmation of the promoting region as well as an element that shapes and drives the development of an entire network of activities that integrate the three basic elements of the region: the sea, the mountains and the rivers.

As I mentioned before, the municipality incorporates a number of important infrastructures and equipment, along with an

extensive experience in hosting and organizing large-scale events. We therefore believe that we will dignify the 2017 European Canoe Marathon Championships, as both will be highly prestigious for Ponte de Lima and for the entire region.

**THE MAYOR**  
**VICTOR MENDES**





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## MESSAGE FROM THE PORTUGUESE CANOE FEDERATION

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**“We decided to move forward with this ambitious purpose convinced that in Ponte de Lima we possess all the natural conditions and infrastructure designed to achieve this ambitious goal.”**

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The Municipality of Ponte de Lima, in partnership with the Nautical Club of Ponte de Lima and other partner organizations, welcomes you to the 2017 European Canoe Marathon Championships new venue.

We decided to move forward with this ambitious purpose convinced that in Ponte de Lima we possess all the natural conditions and infrastructure designed to achieve this ambitious goal.

In parallel, it is our absolute conviction that all the necessary and exceptional conditions will be created so that the competition is fully meets the demands, not only as far as the organization goes, but as well for the athletes, entourages, assistants and for the public in general.

Its for the Portuguese Canoe Federation a new important challenge, and for sure

a new success in the International events hosted in Portugal.

Yours faithfully,

**THE PORTUGUESE  
CANOE FEDERATION  
VITOR FELIX**



## MESSAGE FROM THE NAUTICAL CLUB OF PONTE DE LIMA

The Nautical Club of Ponte de Lima is delighted to invite the ECA (European Canoe Association) and the world of canoeing to visit and discover Ponte de Lima.

The village of Ponte de Lima is a must see in the heart of the Alto Minho, one of the most visited places in Northern Portugal. The Lima River provides a majestic mirror of water at the foot of the oldest village in Portugal, renowned for its natural beauty, heritage and incomparable gastronomy.

The Nautical Club of Ponte de Lima, a 25-year-old canoeing team, is an institution dedicated to the training of young people, with a special vocation for working in cooperation with municipal schools. Apart from being the club with the largest number of federated athletes in the Portuguese Canoeing Federation, approximately 250, it has a large number of associates, with more than 2500 members.

The CNPL (Nautical Club of Ponte de Lima) is the current national champion and has dominated the last decade of the sport in Portugal, with special emphasis on mar-

athon competitions. Most of the Portuguese athletes who are medalists in European and World marathon championships are from Ponte de Lima namely, Fernando Pimenta, Nuno Barros, Rui Lacerda, Samuel Amorim, João Amorim, Nuno Quintela, Ricardo Coelho and Duarte Silva.

It will be a great challenge for the CNPL to undertake the organization of this great competition for athletes and the general public, but I am sure that given the proven experience of the Portuguese Canoe Federation as well as the Municipality of Ponte de Lima in the organization of major events, the commitment, effort and enormous motivation of the CNPL's administration is sure to make this event a great success.

See you soon in Ponte de Lima!

**THE PRESIDENT OF  
THE NAUTICAL CLUB  
OF PONTE DE LIMA  
LUÍS CAPITOLINA**

**“Apart from being the club with the largest number of federated athletes in the Portuguese Canoeing Federation, approximately 250, it has a large number of associates, with more than 2500 members.”**

# ORGANIZING COMMITTEE

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# SPORT EVENT HOSTING EXPERIENCE

## THE NAUTICAL CLUB OF PONTE DE LIMA — CURRICULUM AND HOSTING EXPERIENCE



The Nautical Club of Ponte de Lima (CNPL) was founded on August 21, 1991, based on the extinct canoeing section of the Ponte de Lima Sports School, the first entity to promote canoeing in the municipality. Unsurprisingly, athletes with a great capacity to attain interesting levels in the national panorama began appearing in Ponte de Lima. From a technical point of view, and from the get-go, Hélio Lucas, a young local accompanied the history of canoeing in the municipality of Ponte de Lima through his actions. At the beginning of the 2000s, the local Club was already approaching the top clubs in national kayaking, winning its first national club title in 2007, an award that has not left to this day. The CNPL athletes are often called upon to represent national colors, having already earned gold medals for Portugal in European and World Championships as well as an Olympic medal. A quarter

of a century after its founding, the Nautical Club of Ponte de Lima is one of the great ambassadors of this resident sport and one of the great national sporting bastions, crossing the most brilliant moment of its history, thanks to the effort and selflessness of its athletes, technicians and leaders.

One of the distinctive features of the Nautical Club of Ponte de Lima is the way it is organized: in great proximity to its athletes and showing great empathy for and involvement with the local community. Important efforts are being made to ensure that the practice of canoeing is recognized in a transversal manner, encompassing not only high-level competitions, but also educational, social, environmental and touristic issues.



### International Sports Curriculum

- The Portuguese club with the most medals won in international competitions for the national team;
- Merely in 2016 when Portugal won 64 medals, CNPLima won 20 medals;
- From the beginning of its foundation, CN-PLima's athletes have already won 48 medals in European and World Championships;
- 1 Silver Medal at the Olympic Games;
- 11 European Champion Titles;
- 5 World Champion Titles;
- The Club with the highest number of participating athletes in the national team, in 2016 alone there was a total of 21;
- In 2016 alone there was participation in 11 International races.

### Specialties of the CNPLima

#### Canoeing

- Marathon
- Canoe Sprint

### Schools, School Sports and Education

- Supports the municipal schools in the organization of school sports with a total of 6 groups;
- Supports the Arcozelo School Group of the canoeing sports training center;
- Planning of nautical activities in a didactic context;
- Organization of the following activities:
  - ▶ Regular classes for about 250 students;
  - ▶ Downriver trips;
  - ▶ School Sports;
- Organization of district and regional phases of school sports;

### Social Aspect

- **Solidary descent** – Downriver trips/ activities with underprivileged youths with the aim of social inclusion and recreational occupation.

### International Sports Curriculum

- Absolute National Club Champion -2007/2016
- 40 times National Champion of various categories.
- 33 Portuguese Cups (2007-2016) 100% success rate.
- 10 Wins in the Portuguese Cup and Medals' Ranking (2007 to 2016).
- 6 Wins in the national ranking of medals for national championships (2008 to 2013, 2015 and 2016).
- Club with more national champions in the last 10 years.
- 44 National Champions in the Season of 2016.

**Environment**

- Downriver descent through the Environment
- Lima River Cleaning Actions
- Constant monitoring function of the Lima River

**Nature, Adventure and Leisure**

**Tourism**

- Nautical Tourism - since 1998:  
75 Downriver trips (annual average)  
20 Participants (average per downriver trips)  
20 Kayak rentals (daily average recorded in-high season)

**Organized Events**

- Organization of 10 national championship events;
- Organization of more than 35 regional competitions;
- National Promissory Championship 2006
- National Final for the Open and Slalom Tournaments in 2002/2005/2006/2008/2015/2016

## THE MUNICIPALITY OF PONTE DE LIMA HOSTING EXPERIENCE

- Ponte de Lima: 84th FICC International Rally 2016
- World Urban Parks Congress 2015
- 9th Iberoamerican Congress of Parks and Public Gardens 2015
- 2nd International Congress - Vinho Verde, History, Economy, Society and Heritage (Porto, Marco de Canavezes, Barcelos e Ponte de Lima) 2012
- Horseball World Cup 2016
- Horseball World Cup 2008
- Horseball Champions League 2013
- Horseball Iberian Cup 2012
- Dressage International Competition 2012
- Horseball Champions League 2011
- Driving INTERNATIONAL COMPETITION 2011
- Horseball 4 Nation 2010
- Working Equitation EUROPEAN Championship 2009
- Horseball World Cup 2008
- Horseball LADIES EUROPEAN Championship 2008
- Horseball JUNIOR EUROPEAN Championship 2008
- Dressage International Competition 2008
- Jumping International Competition (every year since 2008)
- Para-equestrian Competition (every year since 2008)
- Dressage National Competition (every year since 2008)
- Dressage National Championship (every year since 2008)

## THE FPC HOSTING EXPERIENCE

**2009** - ICF Canoe Marathon World Championship

**2012** - ECA Canoe Sprint Juniors & U23 European Championship

**2013** - ECA Canoe Sprint European Championship

**2013** - ECA Canoe Marathon European Championship

**2013** - ICF Ocean Race World Championships

**2014** - ECA Ocean Racing European Championships

**2015** - ICF Canoe Sprint World Cup

**2015** - ICF Canoe Sprint Juniors & u23 World Championships

**2016** - ICF Canoe Sprint World Cup

**2016** - ICF Canoe Marathon World Cup



# COMPETITION VENUE & COURSE



The Competition venue will be places in the heart of the village, being part of the course between the two main bridges of Ponte de Lima and between the old town and the nautical Club. Headquarters of the event will be in the old town Centre with the medieval bridge next to all facilities. Teams facilities backup will also be available in the nautical club, with hot water shower etc.

### Provisional layout of facilities

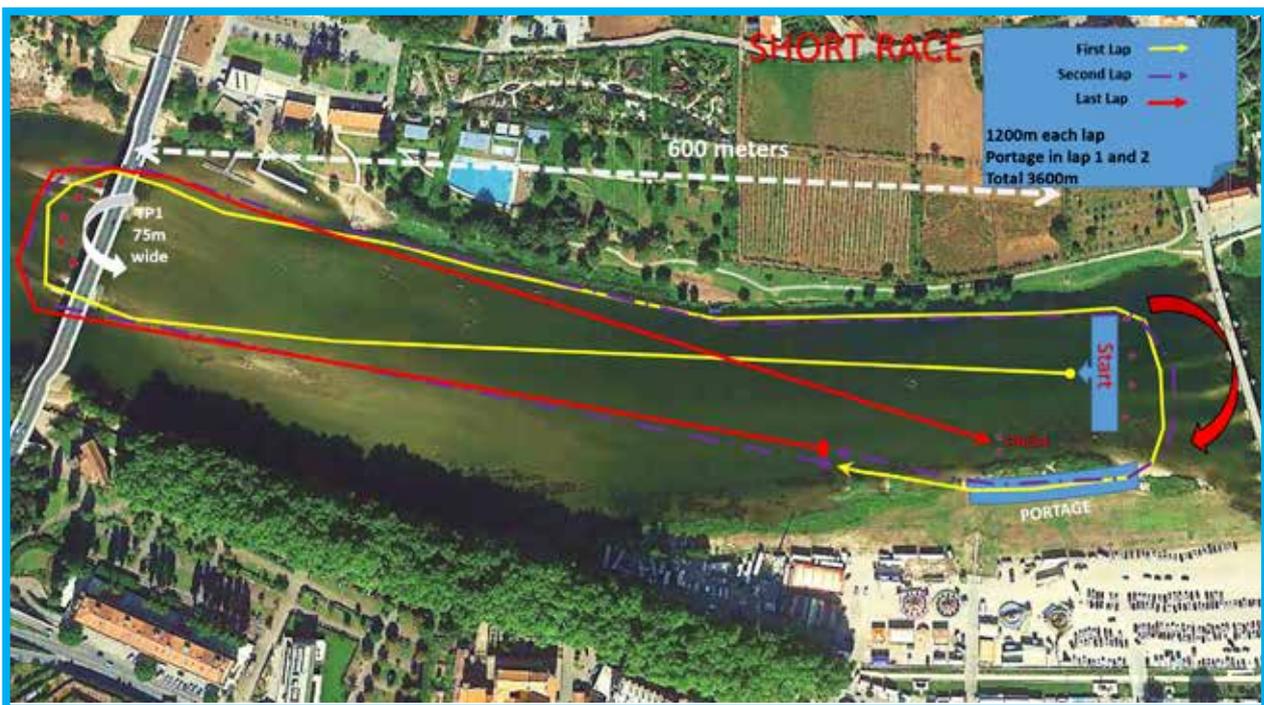
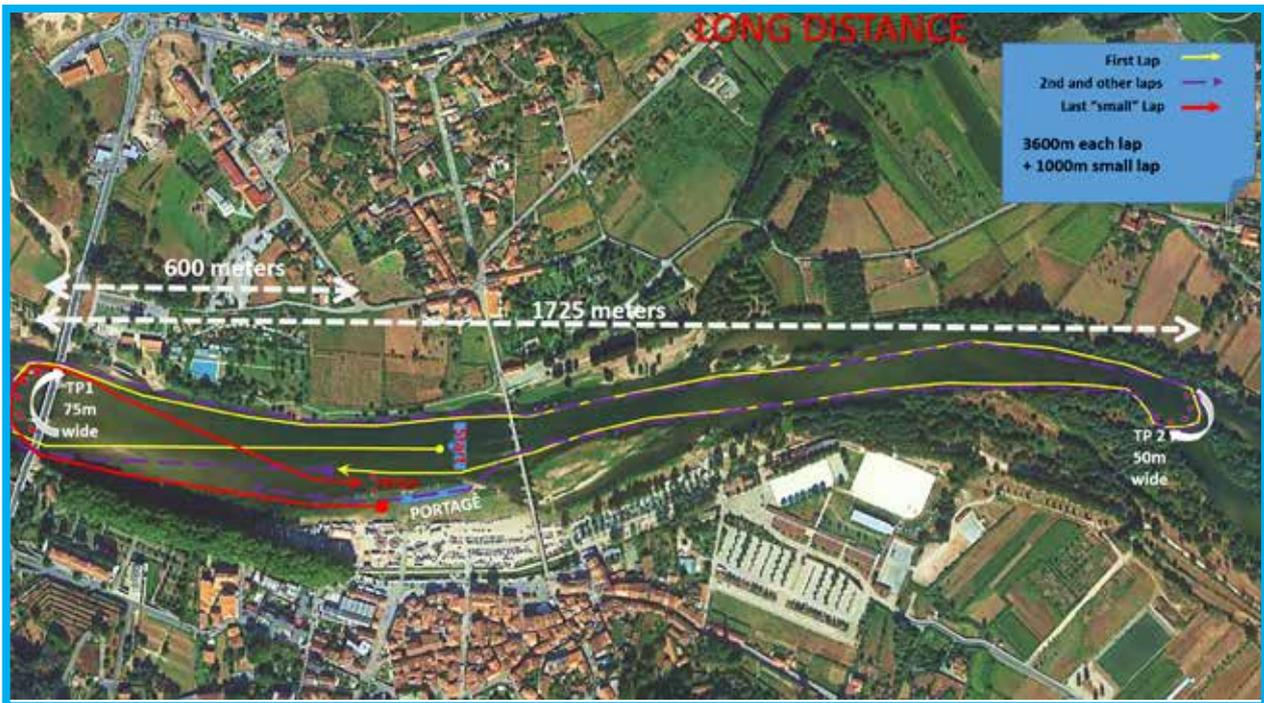
The facilities will be divided in four main areas. Technical Area, dedicated to the organizing committee, teams and guests, then a private teams only area, that will grant the peacefully participating of all nations, a very big public area next to the portage and course and finally a fourth area in the nautical club for teams only.



**Provisional course layout**

The images below represents the provisional layout for the long distance and short race in Lima River.

Both starts happen from the centre of old town, where a horse statue can be seen in the north shore, with athletes going in favor of the flow, catching Turning point 1, next to the nautical club and under the bridge, in less than 600 meters. Then turning point 2 is on the higher and much more savage part of the river, right before a natural island.





# SPORT PRESENTATION AND PUBLIC FACILITIES

## SPORT PRESENTATION AND SPECTATOR SERVICES

### SPECTATORS

All entrances to the competition will be free of charge. We will provide temporary structures for leisure. This will include entertainment, food and beverage kiosks, merchandising kiosks and other activities for the public to enjoy.

### GRANDSTANDS

There will be a temporary stand with 400 seats capacity in front of the podium, portage, start and finish.

### FOOD

This service, located in areas in contact with public, nearby stands will be provided by temporary machines or by local business shops.

### INFORMATION

The information system will be set in 4 steps:

- Outside the limits of the event at different public locations;
- From the sites of parking;
- In the main entrance to the venue in appropriated structures for the purpose;
- Some screens, making it easy for the people to follow the races.

### PUBLIC SANITARY

There will be temporary structures, placed in strategic location.

# SPORT PRESENTATION AND TEAM SERVICES

## CHANGING ROOMS

Inside teams area and also a backup with more conform for all at the nautical club on the other side of the shore.

We will create the best conditions possible, with power supply, and screens to follow the race.

## SANITARY FACILITIES

All the showers and toilets are adjacent to the changing facilities. Despite the trip for accommodation is less than 30 minutes, there will be in the nautical club 14 men shower heads (including 2 for handicap) and 14 women shower heads (including 2 for handicapped).

At the main venue, temporary facilities will be created inside team area.

## MASSAGE

There will be provided communal areas with individual curtains to separate men and women.

Its location will be next to the teams area in front of the course.

## TEAMS LOUNGE

There will be a special tent for teams leisure between and during races. Screens, sofas, bar, among other amenities will be at your disposal.

## BOAT RENTAL

The HOC will have one online catalogue for boat rental related to National Teams and masters.

This catalogue will include all boats available.

Teams are also free to contact one of our many boat manufactures in Portugal. NELO, official partner of the Portuguese Canoe Federation, ELIO, SIPRE, ZEDTECH or CONNECT.

## WELCOME CENTRE & INFORMATION

This Centre is located in the entrance of the technical area in a temporary structure.

Access to all teams , with preference to team leaders first.

## MEDICAL SUPPORT

This Centre is located in the entrance of the technical area in a temporary structure.

Access to all teams , with preference to team leaders first.

## ANTI-DOPING CONTROL

The doping control will be provided according to the ECA standards, in partnership with the National entities ADOP.

This will be done in the nautical Club.

Organization will provide transport from the venue to the club.

# ACCOMMODATION

The organizing committee have set 3 categories of accommodation, that will be divided between Ponte de Lima and Viana do Castelo. Viana do Castelo is the biggest city of the region, very different from the old town and peaceful life of Ponte de Lima, but also with many offers to you, including Sunny beaches and many summer life.

Most of the Ponte de Lima accommodation options are in walking range from the venue.

All Double rooms presented below are with two beds. Most of the single rooms are king size couple beds.

## INLIMA HOTEL & SPA \*\*\*\* (CATEGORY 1)

Rua Agostinho José Taveira, Lote 6, 4990-072 Ponte de Lima



This hotel is 500 meter walking distance from the venue. It features a small spa area with massage services and a lush garden. Each room has a private balcony. Guests of the INLIMA can relax on the terrace and enjoy a range of massages at the spa, including full-body massages, facials and pedicures. The spa also features a relaxing Turkish bath.

All air-conditioned guest rooms at the 4-star INLIMA Hotel are bright and airy. They include cable TV, a minibar and a private bathroom with hairdryer.

The Hotel & Spa serves a rich buffet breakfast consisting of sweet and savoury dishes prepared with seasonal ingredients.

INLIMA Hotel & Spa is located right next to the historic center Ponte De Lima. Free on-site parking is possible.

## AXIS VIANA BUSINESS & SPA HOTEL \*\*\*\* (CATEGORY 1+)

Rua Agostinho José Taveira, Lote 6, 4990-072 Ponte de Lima



This property is 10 minutes' walk from the beach. This elegant design hotel boasts luxury spa facilities, indoor and outdoor swimming pools and close proximity to Viana do Castelo's historic city centre. Wi-Fi is free throughout the hotel.

The stylish bedrooms at Axis Viana Business & SPA Hotel feature LCD TVs and en suite bathrooms. Many rooms have far-reaching views across the city's parks.

Treat yourself to a relaxing treatment in the Spa or work out in the fitness room.

The hotel also has a Turkish bath, a sauna and 2 swimming pools.

Axis Viana Business & SPA Hotel is 1 km from Viana do Castelo Station and a 40-minute drive from Porto International Airport. Free on-site car parking is available.

Teams in this hotel (category 1+) will have dinner at the hotel.

## ARC MY OTEL \*\*\* (CATEGORY 1B)

Largo da Alegria, N° 9, 4990-154 Ponte de Lima



Located in Ponte de Lima and ready to début, ARC MY OTEL is 100 m from the Lima River and the Roman Bridge(venue). This hotel offers air-conditioned and soundproofed rooms with free WiFi access.

Set in two fully recovered houses, ARC MY OTEL has rooms with views of the vilage, a flat-screen satellite TV, iPod docking station and a desk. Each room features a private bathroom with shower and free toiletries. Linen and towels are provided.

## AXIS PONTE DE LIMA GOLF RESORT HOTEL \*\*\* (CATEGORY 1B)

Quinta De Pias, 4990-620 Ponte de Lima



With a quiet location in the Minho province of Portugal, this modern hotel boasts green horizons and a professional golf course. It features a heated indoor pool.

Axis Ponte de Lima Golf Resort Hotel offers rooms with private bathrooms. Each is equipped with satellite TV.

For those who enjoy sport activities, the hotel has a tennis court, golf school and a fitness Centre. Guests can relax in the indoor pool, or have a rejuvenating massage.

Axis Golf Resort Hotel is a 2-minutes' drive from the Centre of Ponte de Lima, 2,7 km walking distance from the venue and 20 km from the Atlantic Ocean.

## HOTEL RALI VIANA \*\*\* (CATEGORY 1B+)

Av. Afonso III, 180, 4900-477 Viana do Castelo



This property is 12 minutes walk from the beach. The 3-star Hotel Rali offers a restaurant and a free wellness centre with sauna, Turkish bath, hot tub and indoor pool. Viana do Castelo's city centre is less than 5 minutes' walk away.

Each bright room at Rali has a satellite TV and a desk. All rooms are fitted with heating, safety deposit box and a minibar. Toiletries and a hairdryer are in the bathroom.

The hotel's in-house restaurant specializes in Italian cuisine and has a cozy atmosphere, with a blend of modern and vintage décor. Room service, including breakfast, is offered by the staff. They can also arrange car rentals and a laundry service. A shuttle service is available on request.

Guests can play a game of billiards in the games room. Rali Hotel has a 24-hour front desk and free on-site parking.

Teams in this hotel ( category 1b+) will have dinner at the hotel.

## HOTEL IMPÉRIO DO NORTE \*\* (CATEGORY 2)

Rua 5 de Outubro 97, 4900-030 Ponte de Lima



Hotel Império do Norte is located in front of the venue. WiFi is free throughout the property and free parking is available on site.

All rooms are comfortably equipped with air conditioning, flat-screen TV, telephone, balcony. The rooms and suites each have a private bathroom with a shower, free toiletries and a hairdryer. Some units have views over Avenida dos Plátanos and the Lima River.

There is a 24-hour front desk at the property. There is also a bar, which serves refreshing drinks and cocktails.

## SOLAR DAS ARCADAS \* (CATEGORY 2B)

Cais do Rio Lima, n.º 54 - Vitorino das Donas , 4990-801 Ponte de Lima



Nestled between River Lima and the countryside landscape, Solar das Arcadas offers rooms with a rustic décor. It features an outdoor pool with sun loungers.

Solar das Arcadas provides modern rooms with large windows. They come with a TV, desk and private bathroom.

Guests can relax in the communal living room with a fireplace or admire the landscape and stroll in the garden.

This hotel is 9km drive from the venue.

## O MARQUÊS GUESTHOUSE \*\*\* (CATEGORY 2B)

Casa de São Gonçalo, 4990-150 Arcozelo



Only 2 km walking distance from the venue and centre of the oldest town in the country, Ponte de Lima, this place offers guests all the comfort and convenience of their friendly facilities, coupled with serenity and tranquility its surroundings.

The Residential O Marquês offers its guests comfortable and modern rooms, all with private bathroom, soundproofing, TV, bar and free wi-fi. Every day, in the morning, we provide the service of breakfast.

## PONTE DE LIMA YOUTH HOUSE (CATEGORY 3)

Rua Papa João Paulo II, 4990-062 Ponte de Lima



Pousada de Juventude de Ponte de Lima HI-Ponte de Lima is located in the historical town of Ponte de Lima Only 950 meters walking distance from the venue, this place has multiple and double rooms to offer.

The unit features lush natural surroundings and is just 400 m from the Lima riverside area. Each room is heated and features a desk and bed linen. Most rooms feature access to shared bathroom facilities, while some of the twin rooms come with their own bathroom.

Guests are welcome to cook their own meals in the full kitchen at their disposal. Breakfast is served every morning.

## Prices

The prices below are per person and per day with full board.

Lunch and dinner will be at the venue. Breakfast at chosen hotel. Teams staying in Category 1+ and 1b+ have dinner at Hotel.

### Category 1

Double – 80

Single – 105

### Category 1+

( Dinner at Hotel)

Double – 85

Single – 110

### Category 1b

Double – 70

Single – 95

### Category 1b+

( Dinner at Hotel)

Double – 75

Single – 100

### Category 2

Double – 65

Single – 75

### Category 2b

Double – 60

Single – 70

### Category 3

Double With Private WC – 50

Double without Private WC – 48

Multiple room (4 persons) – 42

All participants (athletes, coaches, attendants, functionaries) have also included:

- accreditation card
- shuttle bus: on the competition days according to the timetable to be published in bulletin 2. Applies only to hotels not in walking distance from the venue.
- training bus running from 27th of June – according to the timetable to be published in bulletin 2. Applies only to hotels not in walking distance from the venue.
- security service at the course;
- medical care at the course;
- fees for the use of the regatta course and its facilities;
- bottled water and coffee during competition days.

The participation fee does NOT include:

- Transfer from and to the Airport

In case if hotel is booked independently, instead of through Organizing committee, then all team members of that national federation will have to pay a participation fee of 30,00 Euros per person per day. This fee does not include bus transfers from and to the Venue, daily. All team members have to pay for the Airport transfers.



## Terms of Payment

30 % of the total cost has to be paid before 20th of March 2017

75% of the total cost has to be paid before 15th of May 2017

100% of the total cost has to be paid before 5th of June 2017

No reservations are guaranteed until 30% is paid. The organization may cancel any reservation if no regular payments are made.

No Transport from the airport is guarantee or accreditation cards will be given without 100% payment has been done.

## Cancelation Terms:

Until 60 days before the arrival – Refund 100%

Until 30 days before the arrival – Refund 50%

From 29 to 15 days before the arrival – Refund 25%

Minus 15 days before the arrival – No Refund

## Account Details

All payments has to be done to the following Account

IBAN : PT50 0010 0000 2597 5600 0076 9

SWIFT/BIC- BBPIPTPL

Payment has to be done in Euros and all bank costs must be worn by the remitter

No debit or credit cards payment will be accept at the accreditation desk.

# GETTING TO THE VENUE

In order to reach Ponte de Lima you have to travel, preferably, to Oporto airport, though you can also fly from Lisbon, but then you will be 400km away.

Oporto Airport

GPS: N 41°14'19";W 8° 40'14"; N 41 14.328 W 8

40.234

The Francisco Sá Carneiro Airport is located in the heart of the industrial north of the country, 11km from the city of Oporto, making it a privileged access point to this valuable commercial area.

This will be the official airport for this event. All team members are requested to arrive, preferably, to this airport.

There will be a airport transfer fee of 25 euros per person, including a return trip.

If you are renting a car of by your own. take A28 highway in direction of Viana and before reaching the city take the exit to Ponte de Lima.

If you decide to come to Lisbon, please contact us so we can help you. [transport@canoemarathonportugal.com](mailto:transport@canoemarathonportugal.com)

# PROVISIONAL PROGRAMME

DAY	TIME	ACTIVITY	LAPS	KM
26/06 (Monday)	10:00 19:00 17:00	Accreditation, Trainings Masters meeting		
27/06 (Tuesday)	10:00 19:00 10:00 17:00	Accreditation K1 and C1 masters all ages men and Women		
28/06 (Wednesday)	10:00 18:00 14:00	Accreditation Team leaders meeting		
	15:30 18:00 18:30	K2 and C2 masters all ages men and Women Opening Ceremony		
29/06 (Thursday)	9:00 9:05	K1 Women Juniors C1 Women Juniors	5 4	19 15,4
	11:50 12:00	K1 Women u23 C1 Men Juniors	6 5	22,6 19
	14:45	K1 Men Juniors	6	22,6
	17:30	Short Race Finals - K1 and C1 Men and Women Absolut	3	3600
30/06 (Friday)	9:00 9:05	K2 Women Juniors C1 Men u23	5 6	19 22,6
	11:50 11:55	K2 Men Juniors C2 Men Juniors	6 5	22,6 19
	14:45	K1 Men u23	7	26,2
01/07 (Saturday)	9:00	C1 Women	5	19
	11:50 12:00	K1 Women C1 Men	7 7	26,2 26,2
	14:45	K1 Men	8	29,8
02/07 (Sunday)	9:00 9:05	K2 Women C2 Men	7 7	26,2 26,2
	12:00	K2 Men	8	29,8

# ENTRIES & REGISTRATION

All team entries ( numerical and nominal ) must be made online through SDP system from ICF.  
If you have any question concerning this entry system please contact ICFHQ.

The Registration, preliminary entries, travel and accommodations requests must be done online at [www.canoemarathonportugal.com](http://www.canoemarathonportugal.com)

The registration system to be used will be the same from 2013 European Championship and 2016 World Cup , so all European national federations will use the same login at TEAM AREA. If your NF does not have a user and password please contact the HOC at [registration@canoemarathonportugal.com](mailto:registration@canoemarathonportugal.com). There you will have to provide general information about your federation and use an official NF email, so the HOC may recognize this registration and give you full access.

After the approval from the organization you will receive a new email with your login details and you are ready to proceed.

The entries system will be online and available in following dates:

[Canoemarathonportugal.com](http://Canoemarathonportugal.com)

Preliminary entries January 2017 to April 15th

Accommodation: Opens in February 2017

Travel info : Opens in January 2017 and must be sent at least 1 week before the arrival.

SDP system

Numerical entries until May 15th

Nominal Entries until June 15th

In case of any problems with the online system please contact the organization by email at [registration@canoemarathonportugal.com](mailto:registration@canoemarathonportugal.com)

## EVENTS

### European Championships

#### Long Distance

Men \_ K1, K2, C1 and C2

Women \_ K1, K2 and C1

Under 23 Men \_ K1, C1

Under 23 Women \_ K1

Junior Men \_ K1, K2, C1 and C2

Junior Women \_ K1, K2 and C1

#### Short Race

Men \_ K1, C1

Women \_ K1, C1

### Masters European Cup

A master competitor can compete in a Masters event in a year when he/she reaches the lower limit of the age category, i.e. in the 35-39 age group in the year of his or her 35th birthday.

Age group categories will commence from age 35-39 and increase upward in 5-year age intervals.

#### GROUPS

35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

There is no limit of entries per country in each race.

#### GROUPS

K1 Men

K1 Women

C1 men

C1 Women

K2 Men

C2 Men

K2 Women

Registration and entries must be done at [www.canoemarathonportugal.com](http://www.canoemarathonportugal.com)

To make the registration you must go to [www.canoemarathonportugal.com](http://www.canoemarathonportugal.com) and use the menu MASTERS.

You will get one email with your submitted form. Please save it and bring it to the competition and send it with your fee proof of payment.

Please only register once.

There is also one online form in the same menu for the entries.

You must fill it including all requested fields.

You can only submit the form after register in the website, to be able to get your ID. This will be given by email after your registration.

In this form you will be able to select the age group, boat type and members of that boat.

Only forms with ID will be considered.

You will get a confirmation of the entries made by the organization by email.

There will be a participation fee for all masters: 50 euros per event per person, including lunch at the venue in 26 and 27 of June, or 30 euros, not including lunch.

This will include:

- Event participation
- Security & First Aid
- Car and trailer Parking
- Accreditation
- Camping on site.
- \*\*Lunch at the venue, in 26 and 27 of June

The participation fee should to be paid before arrival or when getting your boat number.

No accreditation and boat numbers will be given, without 100% payment.

### Account Details

All payments has to be done to the following Account

Federação Portuguesa de Canoagem

IBAN : PT50 0010 0000 2597 5600 0076 9

SWIFT/BIC- BBPIPTPL

Payment has to be done in Euros and all bank costs must be worn by the remitter

No debit or credit cards payment will be accept at the accreditation desk.

If you book accommodation through the HOC, this fee swill not apply.

PONTE DE LIMA



**2017 ECA**  
CANOE MARATHON  
**EUROPEAN**  
CHAMPIONSHIPS

