Dear Friends,

It is a great honour to be the General Director of the Organizing Committee for the 2023 Olympic Hopes Regatta. As an Organizer, I would like to ensure the best condition for sports competition and staying in Poznan. The Malta Regatta Course has been hosting top rank events for many times and brings everyone great sports emotion. I believe 2023 Olympic Hopes Regatta brings spectacular achievements and unforgettable impression to all.

In partnership with the Mayor of the city of Poznan and City Hall of Poznan, the Organizing Committee ensures the best condition for sports competition and staying in Poznan.

Looking forward to seeing you in Poznan.

Organizing Committee:
Agata Dziamska – Director of the OC
Dorota Błażczak – Human Resources and Payroll
Jolanta Rzepka – Sport Director

Ireneusz Pracharczyk
General Director of the Organizing Committee, President of Greater Poland Canoe Federation

Grzegorz Kotowicz
President of the Polish Canoe Federation
The fifth largest city in Poland, is situated in the western part of the country on the Warta River. The region is called Wielkopolska (Great Poland). It is rich in lakes, woods and fields adorned with monuments uncovering over 1000 years of Polish history.

Located at a cross-roads for both road and railway networks, Poznan is halfway between Berlin and Warsaw. Both these capitals can be reached by a EuroCity train within three hours. With a population of over 600 000 inhabitants, not only is it a vital centre of Polish trade, culture, industry and agriculture, but also an exciting spot to visit for its own sake, fully deserving to be included in tourist itineraries.

Economically, Poznan and the surrounding region is, by any standard, one of the best developed parts of the country. It is now undergoing fast economic growth, which can be attributed to the character of the local people, generally described as being hard-working and industrious. The city is proud of its International Fair, first launched in 1921, a major business venture.

The centre of the city is very compact and within a short walk one can find all the most important institutions and places of interest. Of particular interest are the Old Market Square with its Renaissance Town Hall and the Ostrow Tumski island with its Gothic Cathedral. From the large number of museums, especially worth seeing are the Museum of Musical Instruments - one of the largest of its kind in Europe, the Museum of Decorative Arts and the National Museum with its gallery of painting.
**By plane**

Ławica Airport is located 7 km from the city centre, in the vicinity of the route leading directly to the major city points and next to the road out of Poznań to Berlin and Warsaw.

MORE INFO https://poznanairport.pl/

**By car/bus**

You can get to Poznan driving A2 motorway, national routes no. 92, 5 (east – west direction) and no. 11 (north – south). Access from the west direction: from Berlin 270 km, from Nowy Tomysł - 108 km, where national route no. 2 is connected with the motorway to Warsaw - a charge is payable for using it.
Lake Malta with the surface of 70 hectares was formed in 1952 as a result of damming of the Cybina River. It has become a globally known aquatic sports centre with one of the most beautiful regatta courses – the Malta Regatta Course. The surrounding areas were used to create the recreational infrastructure including the all-year-long ski slope, ice rink open in the winter season, summer sleigh track, bicycle paths and the New Zoo with the extra attraction of the Maltanka narrow gauge park railway.

<table>
<thead>
<tr>
<th>Information about Malta Regatta Course</th>
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</thead>
<tbody>
<tr>
<td>Size</td>
</tr>
<tr>
<td>Length</td>
</tr>
<tr>
<td>Width</td>
</tr>
<tr>
<td>Depth</td>
</tr>
<tr>
<td>Number of courses</td>
</tr>
<tr>
<td>Width of courses</td>
</tr>
</tbody>
</table>
**Venue:** Malta Regatta Course, Poznan Poland  
**Date:** 7–10 September 2023  
**Events:**  
- Men born 2006  
  - K1, C1 200, 500, 1000 m  
- Men born 2007  
  - K1, C1 200, 500, 1000 m  
- Men born 2008  
  - K1, C1 200, 500, 1000 m  
- Men born 2006  
  - K2, C2 200, 500, 1000 m  
  - K2, C2 200, 500, 1000 m  
- Men born 2006–2008  
  - K4, C4 200, 500 m  
- Women born 2006  
  - K1, C1 200, 500, 1000 m  
- Women born 2007  
  - K1, C1 200, 500, 1000 m  
- Women born 2008  
  - K1, C1 200, 500, 1000 m  
- Women born 2006  
  - K2, C2 200, 500, 1000 m  
  - K2, C2 200, 500, 1000 m  
- Women born 2006–2008  
  - K4 200, 500 m  

Each national federation can enter max. 2 boats for each event  

**PROVISIONAL TIME TABLE:**  
- **4th of September – Monday:** access period begins, training  
- **5th of September – Tuesday:** training, self boat control  
- **6th of September – Wednesday:** training, self boat control team leaders meeting, ITO meeting  
- **7th–10th of September – Friday–Sunday:** all day competition
All teams are requested to use the ICF SDP online entry system [https://icf.msl.es/icf/main.jsp](https://icf.msl.es/icf/main.jsp) to submit their Numerical and Nominal entries.

For detailed instructions on how to submit entries, please read the SDP user guide. Any questions or issues relating to entries or accreditation should be sent to sdp@canoeicf.com prior to the respective deadline.

Every NF can enter no more than two (2) boats in each event of the Olympic Hopes Regatta

### DEADLINES

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre liminary Entry and Hotel Reservation Form</td>
<td>ASAP</td>
<td>Form</td>
</tr>
<tr>
<td>First payment of accommodation (50%)</td>
<td>17.07.2023</td>
<td>Bank transfer</td>
</tr>
<tr>
<td>Final travel information</td>
<td>13.08.2023</td>
<td>Form</td>
</tr>
<tr>
<td>Last payment of accommodation (50%)</td>
<td>13.08.2023</td>
<td>Bank transfer</td>
</tr>
<tr>
<td>Nominal Entry via ICF SPD Entry system</td>
<td>28.08.2023</td>
<td><a href="https://icf.msl.es/icf/main.jsp">https://icf.msl.es/icf/main.jsp</a></td>
</tr>
</tbody>
</table>
**EU Member States, Schengen Area**

The requirement to quarantine after crossing the Polish border is lifted from 28 March

Pursuant to the Regulation of the Council of Ministers of 25 March 2022 on establishing specific restrictions, orders, and prohibitions in relation to the state of epidemic (Polish Journal of Laws, item 673), from 28 March 2022 onwards, all restrictions on travel to the Republic of Poland are lifted, which means there is no obligation to:
- present COVID certificates when crossing the border;
- test for SARS-CoV-2;
- undergo the so-called entry quarantine.

**Outside the European Union, Schengen Area**

Rules for travellers arriving in Poland from EU Member States, Schengen States and other countries

Pursuant to the Regulation of the Council of Ministers of 25 March 2022 on establishing specific restrictions, orders, and prohibitions in relation to the state of epidemic (Polish Journal of Laws, item 673), from 28 March 2022 onwards, all restrictions on travel to the Republic of Poland are lifted, which means there is no obligation to:
- present COVID certificates when crossing the border;
- test for SARS-CoV-2;
- undergo the so-called entry quarantine.
INSURANCE
All participants are strongly advised to take out a medical insurance policy in their respective countries.

MEDICAL CARE
The ambulance first aid will be available for all official participants of the Olympic Hopes Regatta. All cost above the regular care are to be covered by your medical insurance policy. The OC does not take responsibility of such expenses.

VISA
For visa requirements all participants are kindly requested to contact Polish Embassy in their home country or check: [https://www.gov.pl/web/diplomacy/visas](https://www.gov.pl/web/diplomacy/visas)
In order to get visa supporting documents please send your request to office@oh.pl with all necessary information (date of birth, passport number, expiry date passport, performed function in the team (e.g. Coach, athlete etc.), gender. Visa request must be accordance with nominal entry has been made by SDP system.
Every participant (athletes, coaches, team Staff etc.) will be charged a Participation Fee which is **40 Euro** per person per day from the day of arrival (no earlier than 4th of September 2023) till the departure day (no later than 10th of September 2023).

Participation Fee includes the following services:

- accreditation
- mineral water at the venue
- medical and security service at the venue
- access to the course
- insurance
- free entry on grandstand
- free WiFi Internet at the competition venue
- lunch (first meal is the dinner on the day of your arrival at your designated hotel)

**LUNCH AT THE VENUE**

For non-participants Organizing Committee can provide lunch for on regatta course.

Lunch MUST be ordered no later than 13th of August 2023

<table>
<thead>
<tr>
<th>Order BEFORE 13th of August 2023</th>
<th>Order AFTER 13th of August 2023</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Euro per day per person</td>
<td>15 Euro per day per person</td>
</tr>
</tbody>
</table>

Please, note that the first meal is the dinner on the day of your arrival at your designated hotel.
The ACCOMMODATION PACKAGE includes:

• accommodation fee which includes: accommodation, breakfast, dinner and transport to the course,
• participation Fee and all services at the regatta course,

In case accommodation is booked NOT through the Organizing Committee you are required to pay the Participation Fee.

THE ACCOMMODATION PACKAGE DOES NOT INCLUDE TRANSFER FROM THE AIRPORT TO THE OFFICIAL HOTEL

The Organizer does not take responsibility for any extra service at the hotel (parking, telephone, minibar, damages etc). This costs are to be paid by the responsible team directly to the hotel.

Hotel reservations and team registrations without hotel reservation have to be submitted by link:

• Accommodation Form
• Travel Information Form
• Rooming List Form

### HOTEL RESERVATION

<table>
<thead>
<tr>
<th>Category</th>
<th>Hotel</th>
<th>Single room Per person per day</th>
<th>Twin room Per person per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1*</td>
<td>Novotel Centrum</td>
<td>160 EURO</td>
<td>130 EURO</td>
</tr>
<tr>
<td>1</td>
<td>Novotel Malta, Focus, HP Park Hotel</td>
<td>140 EURO</td>
<td>120 EURO</td>
</tr>
<tr>
<td>2</td>
<td>Hampton by Hilton Poznan, Hampton Swarzedz, Malta Camping</td>
<td>130 EURO</td>
<td>110 EURO</td>
</tr>
<tr>
<td>3</td>
<td>Ibis Stare Miasto, Ibis Centrum</td>
<td>115 EURO</td>
<td>100 EURO</td>
</tr>
<tr>
<td>V4</td>
<td>Lechicka Hotel</td>
<td>---</td>
<td>50 EURO</td>
</tr>
</tbody>
</table>

The number of rooms is limited, first come first served rule.
AIRPORT – HOTEL – AIRPORT
Transfer from/to airport Poznan Lawica – official hotels is possible with extra fee **30 Euro**/person/one way. Final travel information must be sent to the Organizing Committee no later than 13th of August, 2023.

OTHER
We can help you to organize your transfer from other cities/airports. If you need one, please contact us:

SHUTTLE BUSES
Shuttle buses will be available from 4th of September 2023 to 10th of September 2023 only for for accreditated people. Buses will run between official hotels and the competition venue according to the schedule. Schedule you can find in accreditation office and in officials hotel lobby.

PARKING
Teams will receive three parking pass for: one trailer and two accredited vehicle (up to 3,5t). Parking for Big Buses should be order in advance (13th of August 2023). Further parking passes are available for **30 Euro**/car/competition.

TEAM TENTS
If you have your own team tent, inform Organising Committee to provide space for it.

BOAT RENTAL
You can contact boat manufactures directly (Plastex, Nelo). Organizing Committee cannot be held responsible for boat rental reserved individually in boat’s manufacture company.
BANK DETAILS

CURRENCY OF THE ACCOUNT IS EURO

Beneficiary: Wielkopolski Związek Kajakowy, Starolecka 36, 61-361 Poznan

Poland Bank name: Powszechna Kasa Oszczędności Bank Polski SA

Bank account no: PL 20 1020 4027 0000 1202 1662 7130

BIC Swift code: BPKOPLPW

Transaction info: Olympic Hopes, 7-10.09.2023, proforma no./invoice no.

Bank transaction fee is under participant responsibility. All extra costs will be charged at the venue by cash.

CANCELLATION TERMS

In case of cancellation the booking, a charge will be made equivalent to any loss suffered by the Organizing Committee, as itemized below. The amount of any cancellation fee will be calculated as a percent of the accommodation package fee according to the following period of notice given:

- **No cancellation fee if cancelled before 17th of July, 2023**
- **50% cancellation fee if cancelled after 17th of July, 2023 until 13th of August 2023**
- **100% cancellation fee if cancelled after 13th of August, 2023**