



2021 ECA CANOE SPRINT AND PARACANOE

EUROPEAN CHAMPIONSHIPS
3-6 JUNE 2021, POZNAN / POLAND

-COVID PROTOCOL-



2021 ECA JUNIOR & U23
CANOE SPRINT EUROPEAN CHAMPIONSHIPS
24-27 JUNE 2021, POZNAN / POLAND

I. INTRODUCTION

A. What is COVID19?

SARS CoV-2 is the virus that causes the illness COVID19. It is a newly described coronavirus that is currently causing a global pandemic.

It is highly infectious with infection occurring after inhalation of respiratory droplets and airborne particles.

Contagion is also possible after touching a surface onto which virus has fallen from either the air or respiratory droplets and which is then transferred to the face, nose or mouth by the hand.

B. Why this protocol?

This protocol is therefore aimed at reducing the risk of:

- i. Infected individuals attending the competition.
- ii. Infected individuals transmitting the disease to others.
- iii. Exposing people at higher risk of Covid19 disease to potential infection.

C. World Health Organisation (WHO), a reference for sport events organization

This document is produced based on WHO Interim guidance for sport federations and event organisers when running competition in the context of COVID-19, the WHO Key Planning Recommendation for Mass Gatherings in the context of COVID-19 and the local health authorities' requirements.

D. 2021 ECA philosophy and COVID19 countermeasures during competitions

- i. Regular testing
- ii. Early warning system
- iii. Each National Federation is responsible for implementing measures in order to minimize contact outside of their group and to reduce as much as possible potential "close contact" cases.
- iv. In coordination with local health authorities
- v. Constant review of the protocols

E. Review policy

- i. The protocol will be subject to change at short notice, depending on the evolving pandemic situation.
- ii. A final protocol will be available at the team leaders meeting. Any major changes will be notified electronically to team leaders and National Federations.
- iii. At any time, local or national policy in term of Personal Protective Equipment or any health and safety measures may lead to a quick evolution of this protocol to allow safe organisation of the event.

II. PRIOR TO THE COMPETITION

A. Final decision to run the competition

- i. ECA, the Host National Federation (HNF) and the Host Organising Committee (HOC) will continuously review the situation.
- ii. Any decision will rely on current advice specific to the Polish authorities and advice on the pandemic globally, according to the World Health Organisation (WHO).

B. Access to the host country

- i. Legal requirements may be imposed, such as COVID-19 testing prior to or on arrival. This will be guided by Governmental and WHO advice or legal requirements and will not be made by the ECA.
- ii. The HOC will provide all updated information which will be published on the dedicated ECA website and championships web page

C. Participating National Federations

- i. Each Participating National Federation will be expected to have undertaken their own risk assessment and have a Covid19 safety protocol in place and will require to have taken the precautionary measures prior to travel.
- ii. Each Participating National Federation is responsible for all costs (including medication) should any member of their Team be required to go into quarantine at any time from arrival to departure and/or be hospitalised or to return to the country of departure.
- iii. ECA, the Host National Federation and the Host Organising Committee will try to support the concerned person as much as they can.

D. Vaccination

- i. ECA and the HOC recommend that all people be vaccinated as soon as possible.
- ii. **Vaccination will not remove any countermeasures provided in this protocol by ECA**
- iii. There is no guarantee that vaccination eliminates virus transmission.

III. RESPONSIBILITY

A. European Canoe Association (ECA)

- i. ECA do not accept any responsibility for COVID-19 infection that occurs before, during or after the competition but will take all advised precautionary measures to reduce the risk of transmission.
- ii. ECA is responsible for all costs (including medication) should any member of ECA "Family" (nominated ITO's, ECA VIP, ECA employees, etc.) be required to go into quarantine at any time from arrival to departure and/or be hospitalised or to return to the country of departure.

B. Host National Federation and Host Organising Committee

- i. The HNF and the HOC do not have and accept any responsibility for COVID-19 infection that occurs before, during or after the competition but will take all advised precautionary measures to reduce the risk of transmission.
- ii. The HNF and HOC will respect all the recommendations and obligations imposed by Polish Government and local authorities to reduce the risk of transmission.

IV. FAILURE TO COMPLY WITH THE PROTOCOL

National teams, including all technical officers, staff and athletes will be expected to comply with this protocol.

If an individual, or an entire team, does not respect it, ECA and the HOC will deny access to the venue to the concerned person/team after a 1st verbal warning, then a final warning sent to the team leader.

ECA and the HOC may impose a financial penalty of 100 EUR as well, to be paid by an individual, or an entire team.

V. KEY PERSONS TO IMPLEMENT COVID 19 PROTOCOL

ECA will define an ECA COVID19 LIAISON OFFICER for the competition to support the HOC COVID19 MANAGER and to liaise with the ECA medical committee designated liaison person and the requested ECA representatives (e.g. Secretary General, ECA media manager...).

ECA COVID LIAISON OFFICER	Branko Lovric
ECA MEDICAL COMMITTEE LIAISON REPRESENTATIVE	Jane Gibson

VI. THE HOC COVID MANAGER

A. Appointment and position within the HOC structure

- i. A Covid Manager has been appointed for the competitions by the host National Federation and/or HOC.
- ii. The Covid Manager will be part of the ECA/HOC coordination group (COVID TEAM)
- iii. ECA will add to the daily run sheet a specific venue tour dedicated to COVID 19 countermeasures implementation prior to the 1st day of the access period.

HOC COVID MANAGER	Aneta Pastuszka
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B. Needed skills

This person is a professional in Health and Safety and has detailed knowledge of the procedures required to prevent and contain the spread of Covid19.

C. Role prior to the competition

- i. The Covid Manager, in accordance with the Key Persons Local Health Authorities coordinates with the HOC staff and host Country to ensure that the venue is compliant with the regulations set out here.
- ii. Ensuring that HOC staff are appropriately trained in relation to Covid19.

D. During the competition

- i. During preparation, training and competition days the Covid TEAM will coordinate and verify compliance at the venue with the provisions and protocols set out within this document.
- ii. The Covid Manager will have ultimate responsibility and command of the Covid Health and Safety procedures at the Venue.
- iii. The Covid Manager will be informed of any person on the venue site who becomes unwell with suspected Covid.
- iv. The Covid Team will be responsible for:
 - ensuring the immediate isolation and testing procedures for that individual and will liaise with the local health authorities regarding further treatment or isolation according to the national guidelines;
 - reporting Covid-19-related incidents to ECA;
 - liaison with ECA and relevant local authorities.

VII. COVID19 TESTS – POLICY AND OPERATION

A. PCR test to access Poland

All national team members, officials, ECA personnel, and members of the HOC will be required to provide **a negative PCR test not older than 48 prior to the arrival** to the venue/accreditation center. (It is recommended the results to be sent electronically to the HOC prior the arrival and the originals to be provided during the accreditation for final approval);

B. Intermediate(s) antigen test

An antigen test on a regular basis will be done for all accredited people staying longer than five (5) days during the access period.

- i. Two antigen tests will be conducted at the venue for all persons already accredited:
 - Upon arrival
 - On Thursday June 3rd or Friday June 4th by invitation by OC
- ii. After each Antigen test and a negative results, each accredited person will receive a coloured sticker on his/her accreditation requested to access from the following day at the venue.
- ii. The tests will be done at the test centre at the venue and a schedule will be organised by the HOC.
- iii. These tests will be paid directly by each National Federation or entity in charge of the concerned accredited person.
The cost is 15 € per test.
- iv. A positive result will be managed as describe in section VII.H.

C. Departure PCR test

- i. **Departure PCR test is not mandatory and can be organized upon request.**
- iii. A booking system will be organised by the HOC to allow you to receive the results and the certificate translated in English prior to your departure time and date.
- iii. This test will be paid directly by each National Federation or entity in charge of the concerned accredited person at the at Accreditation Office before undergoing the test.
The cost is 100 € per test.
- iv. A positive result will be managed as described in section VII.H.

D. Capacity of testing at the venue in case of emergency

- i. **When?** → At any time, ECA can decide to launch a series of tests in the case of suspicion and / or a positive test.
- ii. **Who needs to be tested?** → Anybody in close contact with a positive person and any team member of a positive person.
- iii. **Which kind of test?**
 - o PCR for the concerned person and likely infected persons.
 - o Antigen or PCR for the contact case based on health authorities requirements for the wider population.

E. Testing centre at the venue and results management

- i. A COVID-19 collection centre will be set at the competition venue by the HOC.
- ii. All test results must be accessible for the ECA Covid Liaison Officer and the HOC Covid Manager.
- iii. A positive test must be reported immediately to these persons.
- iv. Tests will be undertaken by a person experienced in COVID19 test sample collection.

F. Management of a sick individual where COVID19 is suspected

- o *If a person is suspected to be infected on arrival at the entry point (body temperature = or >38 degree):*
 - i. They will be reported to the HOC COVID-19 Manager.
 - ii. They will be isolated, and a PCR test will be conducted follow the directions of the relevant authority according to local or national guidelines.
 - iii. Upon a negative PCR test results, they upon Covid Manager agreement, will be able to come back to the venue.
 - iv. If the PCR test result is positive, please refer to the section VII.H "Management of a positive case".

- *If a person falls ill on the competition venue with symptoms suggestive of COVID-19:*
 - i. They will be escorted immediately to an isolation facility, by a member of technical staff.
 - ii. There will be no interaction with any other person.
 - iii. Their team leader and the COVID-19 manager will be informed.
 - iv. A PCR test will be conducted follow the directions of the relevant authority according to local or national guidelines.
 - v. Upon a negative PCR test results and local authorities' agreement, they will be able to come back to the venue.
 - vi. If the PCR test result is positive, please refer to the section VII.H "Management of a positive case".

G. "Close contact" definition

A close contact is anyone who has had direct contact or was within 1 metre for at least 15 minutes with a person infected with COVID-19 without face mask.

H. Management of a positive case within a NF delegation

- i. One case in a team, immediate isolation for the whole team.
- ii. Assessment of needed actions with the Covid Manager and ECA medical committee representative.
- ii. Review with the concerned team leader to define the "close contact" list and "non close contact list" by the HOC Covid Manager.

For the "non close contact" list:

- A PCR test will be conducted follow the directions of the relevant authority according to local or national guidelines.
 - Upon a negative PCR test results, they will be able to come back to the venue but will be restricted to minimal movements.
 - If the PCR test result is positive, please refer to the next paragraph.
- iv. For the positive case and the "close contact" list:
 - Isolation and test according to local or national guidelines.
 - No access to the venue until local authorities give a green light

I. Management of a positive case within the people from ICF, ECA, HOC, ITOs, Media, security, volunteers:

- i. Immediate isolation and testing according local authorities' policy for all "close contact" people.
- ii. Assessment of needed actions with HOC Covid Manager.
- iii. For the positive case and the "close contact" list:
 - Isolation and test according to local or national guidelines.
 - No access to the venue until local authorities give a green light.

VIII. GENERAL BEHAVIOUR AT THE VENUE FOR ALL ACCREDITED PERSON

"Act as you want others to act"

A. Social distancing measures

- i. Social distance should be kept all the time. The recommended minimum distance between people is 2m for indoor area and outdoor area 1 meter with mask.
- ii. Gatherings of individuals outside buildings will be limited to 5 people or less.
- iii. People should not gather out of their own group.
- iv. All persons attending the competition should refrain from close contact such as handshakes and embraces.
- v. A one-way system is recommended to be set in indoor areas to minimise close contact with others. This will be marked out with tape or painted lines on the ground. Signs will assist understanding of the system.

B. Face mask

a) Where and when a mask must be worn?

- i. **All accredited persons MUST wear a face mask at all times when indoors or outside except when eating or drinking and for athletes, when they are on the water.**
- ii. The face mask MUST be worn over the mouth and nose.

b) When does a mask need to be changed?

- i. One mask will be used for each session i.e. one in the morning and one in the afternoon.
- ii. A mask should be changed if it becomes wet or soiled in any way.

c) Who provides the mask?

- i. Masks will be provided for all ITO's and all technical staff who are required to work indoor or within 2m of another person.
- ii. Face masks for the team members and other participants should be provided by themselves.
- iii. The HOC will provide extra face masks in certain circumstance.

d) What kind of mask?

- i. Face masks need to be either high quality manufactured masks with three layers, surgical masks or of higher standard (FFP2 etc.) without valves.
- ii. Buffs/scarves etc. are not considered as face masks.
- iii. A face visor on its own does not provide sufficient protection from others and will not prevent expelled viral particles from being emitted by the wearer.
- iv. If wished, participants and others can wear a face visor, but this must be in addition to a mask.

e) Are there any exceptions?

- i. Wearing a face mask is mandatory and those who cannot wear a face mask must obtain an agreement from ECA medical Committee prior to the first access to the venue.
- ii. All exceptional request must be sent prior to the competition to ECA medical Committee to be reviewed based on medical documentation provided by the National Federation of the concerned person. An alternate equipment will be defined.
- ii. ECA medical committee will inform the HOC Covid Manager for any special authorization.

C. Hygiene

- i. **Wash your hands regularly and properly.**
- ii. **Use provided disinfection dispensers (hand sanitiser) regularly and properly.** Have your own disinfection with you for safety reasons.
- iii. Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze.
- iii. All participants will be made aware of the importance of complying with the rules of hygienic-sanitary behaviour to help maintain the maximum cleanliness and healthiness of these environments.

IX. ACCESS TO THE VENUE: PROCESS AND DATA MANAGEMENT

A. Personal Health Check Information form

- i. All National Team Members, Officials, ECA personnel, Members of the HOC will also be **required to complete a personal Health Check Information Form** (in the English language) prior to obtaining their accreditation and access to the competition venue. See template in appendix 2.
- ii. This form will be presented to the HOC at the accreditation centre. This information will be stored confidentially by the ECA technical representative and will only be made available should medical treatment be required.
- iv. The Health Check Information Forms will be stored confidentially by the ECA COVID liaison officer and destroyed thirty days following the conclusion of the competition.

B. National Federations written declaration

- i. **Each Team Leader needs to sign for their team that they will not bring any team member with any sign of a sickness to the competition site.** See template in appendix 3.
- ii. The National Federations written declaration will be stored confidentially by the ECA COVID liaison officer and destroyed thirty days following the conclusion of the competition.

C. Daily temperature check

- i. All people attending the competition venue will have their temperature checked at the entry point.
- ii. The number of entry points may need to be adapted to avoid congestion.
- iii. People with a temperature above 38°C will not be granted access to the site and will be advised to return immediately to their accommodation, self-isolate and to contact their doctor.
- iv. Staff at the entry points will wear PPE in accordance with local or national PPE policy.
- v. Hand sanitiser will be available at the entry point and all people entering will be asked to use it on entry.
- vi. Teams and officials must allow sufficient time for this enhanced screening at entry. If queues form, there will be active management to ensure a distance of 2m between waiting individuals. Masks must be worn by those waiting in line for the entry.

D. Contact lists

Each entity is required to manage a full contact list of their part of the organisation to facilitate track and trace if needed:

- i. ECA:
 - a. For staff, ITOs, board members, team leaders of participating National Federations, ECA providers.
 - b. ECA COVID liaison officer is in charge of preparing and updating it and must be ready to provide it upon request.

- ii. Participating National Federations:
 - a. For all members of their respective delegation.
 - b. The Team leader of each National Federation is in charge of preparing and updating it and must be ready to provide it upon request.

- iii. HOC:
 - a. For all HOC staff, accredited VIP, accredited media, volunteers, providers.
 - b. The HOC Covid Manager and Competition Manager are in charge of preparing and updating it and must be ready to provide it upon request.

X. FACILITIES, OPERATIONS AND SERVICES MANAGEMENT

A. Athletes area

- i. Each National Team will be allocated an area for their team that will be separated from other team areas. Team members must not visit other team areas.
- ii. Hand sanitiser will be made available for the athlete village but team members MUST also provide their own hand sanitiser and disinfectant wipes.
- iii. Toilet facilities for teams will be cleaned on an hourly basis. There needs to be either a one-way system for entry and exit or a 'one in, one out' system to reduce potential close contact between athletes or officials from different teams. Handwashing is essential and there MUST always be hand soap available.
- iv. Athletes or NF staff who have finished their duty, should leave the competition venue wherever possible. A streaming feed will be available for the whole competition.

B. Car park for National Federations

A dedicated area must be identified and not accessible to the public.

C. Team Leaders meeting

- i. The team leaders meeting will be run as a videoconference or outdoor with social distancing.
- ii. All documents will be available electronically and published at the information boards. No paper copies to be provided to the TLs.
- iii. Important information will be sent on the WhatsApp group.

D. Medal Presentation Ceremony

- i. The medal presentation ceremony will take place in a restricted area. Only the medal-winning athletes and the presenting official will have access to the area.
- ii. Access to the medal ceremony area will be by a one-way system to limit interaction with other participants or personnel.
- iii. Masks will be worn by all participants at any time.
- iv. A distance of 1m will be maintained between all participants
- v. Medals will be disinfected prior to the ceremony then placed on a tray.
- vi. The athlete will take the medal from the tray and place it around his or her own neck.
- vii. The medal presenter will use hand sanitiser before the start of the award ceremony.
- viii. There will be no handshakes or embraces.

E. Mixed zone and media operation

The mixed zone will be adapted to allow social distancing.

F. Opening and closing ceremony

There will be no Opening or Closing ceremony.

G. Pontoons for embarkation and disembarkation

- i. Only athletes will have access to the pontoons.
- ii. Paracanoe athletes can be accompanied by the coach/technical person.
- iii. Spacing must be respected while waiting for embarkation and disembarkation.
- iv. Pontoons will be disinfected at regular intervals.
- iv. It is mandatory that athletes/coaches wear a mask until the embarkation pontoon and keep their mask with them (in a dry pocket) so that it can be worn at disembarkation.
- v. Athletes must warm down sufficiently that they are no longer breathing heavily by the time they get to the disembarkation pontoon.
- vi. Any items such as boat or paddle, that is handled by more than one person, will require disinfection by the participating personnel.

H. Boat and equipment control

- i. **Pre-race boat control** is a responsibility of the National teams under the overview of one NTO/volunteer to ensure safety measures:
 - a. Athletes must use hand sanitiser before and after touching any device.
 - b. The NTO/volunteer will disinfect devices after each athlete.
 - c. Athletes and NTO/volunteers MUST wear a face mask.
- ii. **ID control** will be carried in such a way to keep minimum of 1m social distancing at all times.
 - a. The ITOs MUST wear a face mask and check the boats and equipment without physical contact or by using gloves or sanitising gel before and after the check
 - b. Athletes/Coaches MUST wear a face mask while going through ID control.

iii. **Post-race boat control**

- a. Boats will arrive at designated areas for each boat
- b. There will be no volunteers to take the boats. Athletes will take their own boats to the designated area.
- c. Paracanoe athletes can receive assistance by the coach/technical person and/or volunteers.
- d. Athletes will be given face masks if they wish.
- e. The ITOs/paracanoe coach or technical person/volunteer MUST wear masks and check the boats and equipment without physical contact where possible or by using gloves or sanitising gel before and after the check.

I. Info desk

The people at the Info desk will be protected with a plastic shield (e.g. as used in a supermarket).

J. Accreditation Centre

- i. Accreditation will be in a well-ventilated room with an indication of the maximum number present, with a minimum distance of 2m. A one-way system will be in operation and will be clearly marked.
- ii. Accreditation staff will wear a mask and additional PPE if requested by local or national PPE policy.

K. Signage on site

Signs with basic public health measures of wearing a mask or face covering correctly, social distancing, hand washing and other will be emphasised across all areas. The recommended signage will be used (see appendix 1).

L. Catering area and lunch services

- i. Lunch services for National teams
 - a. It is preferable to suggest that lunch boxes are delivered to each team tent.
 - b. No common lunch area
- ii. Lunch for all other accredited person:
 - a. Catering area organised with one-way system OR
 - b. Lunch box
- iii. It is recommended to avoid as much as possible any communal lunch area.

M. Offices, media centre, technical areas and lounges (e.g. ITOs lounge, ECA office)

The following principles need to be taken into account:

- i. Hand sanitiser will be available at all entry points and within each room. Anyone entering or leaving an office or room must use hand sanitiser.
- ii. The distance between officials at their place of work indoors must be maximized to allow at least 2m between each person.
- iii. The number of officials at each technical area will be reduced to the minimum required. No-one will be allowed to enter a technical area unless required for operation of the event.
- iv. Risk of infection is reduced if there is free airflow through an indoor area. Consider which windows or doors can be kept open. Fire doors must not be kept open.
- v. Disinfectant sprays or wipes must be available in each area to clean equipment such as keyboards, headsets, walkie-talkies regularly and this MUST be done between users. Each area will be cleaned regularly throughout the day and this cleaning schedule will be agreed with the technical officers and the HOC.
- vi. Officials should be discouraged from intermingling in enclosed areas and those whose shift has finished, should leave the site wherever possible.

N. Cleaning and sanitising

- i. Regular disinfectant cleaning and sanitising the premises are the fundamental actions that, together with interpersonal distancing, can avoid the spread of the virus.
- ii. The HOC ensures the periodic cleaning, disinfection and sanitising of all the premises and areas affected by the sporting event.
- iii. The HOC will pay particular attention to cleaning the common areas (toilets, changerooms, etc.) and installations like doors, handrails, windows, handles, benches, hangers, taps, sinks, toilets, chairs etc. where the frequency or the possibility of contact is greater.
- iv. All people who are cleaning high risk areas such as toilets must respect local and/or national PPE policy.

O. Human resources (e.g. HOC staff, ECA staff, volunteers)

- i. The number of accredited people, outside of NFs delegation, will be kept to the minimum needed to run the competition and all linked services, to a high level, in a safe environment.
- ii. It is recommended to limit the number of accredited persons not yet vaccinated over 60 or having underlying health conditions.

P. Public spectators

- i. ECA agree to run the competition without spectators.
- ii. If the HOC and local authorities agree to welcome public spectators, they must:
 - a. Organise the venue and the flow to allow accredited people to not cross public spectators.
 - b. Organise the public spectator flow and COVID-19 measures in line with the local authorities' policy

Q. ITOs Accommodation

- i. The accommodation needs to be organised in single rooms as much as possible
- ii. Twin rooms can be considered if:
 - a. They usually live together.
 - b. They travel together to the competition.
 - c. ITOs come from the same country and agree to share a room.

R. Transportation service

- i. All buses, minibuses and cars used to transport the Teams, the ECA Board Members, ECA Officials and all other ECA or HOC appointed competition personnel must be operated in accordance with the required 'Social Distancing' and hygiene measures.
- ii. These measures must include a limit on the number of persons to be transported in each respective vehicle. Additionally, seats must be 'closed off' to ensure the required social distancing between each passenger.
- iii. Each vehicle must be cleaned with disinfectant between trips.
- iv. All occupants of the transport, including the driver MUST wear masks.
All participants being transported by the Organisers must wear protective face masks throughout the journey and in all public areas in and around their respective hotels. Anyone who does not comply with this regulation will be denied access to the transportation services.

- v. All personnel using the transportation provided by the Organiser must provide their own protective face masks and hand sanitisers.
- vi. The measures detailed above shall be applied for all transportation between airport and the venue, hotels and the venue.

XI. MANAGEMENT OF THE COMMUNICATION FLOW FOR A COVID-19 POSITIVE TEST DURING THE ACCESS PERIOD

Should an individual directly involved with any ECA competition test positive for Covid-19, the following procedures will be implemented to assure the communication flow. This applies to all accredited persons at the competition: athletes, team staff, equipment technicians, ECA providers, ITOs, ECA representative, HOC members.

- i. Upon receipt of a positive test, the team/individual shall immediately inform the Covid-19 Manager.
- ii. The Covid-19 Manager the ECA/HOC coordination group (HOC general manager, HOC technical organiser, ECA Chief Official and ECA Media manager) of the situation, who will assess the next steps necessary with the Local health and Sanitary Authorities.
- iii. No external communication may be made by the team/individual until the ECA/HOC coordination group has assessed the circumstances and next steps necessary with the local Public Health and Infection Control Authorities.
- iv. Once the assessment has been made and the next steps defined, official information (to be done by ECA media manager) to be sent firstly to the designated contact for the positive case (e.g. team leaders), outlining the intended communication flow.
- v. The first external information will be made through the ECA Official Communication. It will not contain names of individuals involved, or details. It is meant strictly to inform that a person has tested positive and any necessary next steps involved.
- vi. Should timing be appropriate, and all parties agree, the information can also be communicated to all Team Leaders to facilitate additional communication to the key stakeholder group, namely the athletes.
- vii. Following any announcement to all team Leaders, the ECA Official Communication will still be sent and, if cleared, information about the person involved.
- viii. At this time, the teams/individuals may also put out information to the media with more detail about the positive case, if desired.

- ix. Following the Official Communication, the ECA will only answer media inquiries that pertain directly to the competition and any impact on the competition. All health and team-related questions will be referred to the team/individual/group involved.

Please note these guidelines refer only to the external communication of a positive test. Informing the local authorities should follow the government guidelines in place at the time and in the region.

XII. MANAGEMENT OF THE COMMUNICATIONS FLOW FOR A COVID-19 POSITIVE TEST AFTER A COMPETITION

Should an individual directly involved with the competition test positive for Covid-19 on return home the procedures defined in section XI will be implemented to ensure the appropriate communication flow.

APPENDIX 1 – SIGNAGE / WHO POSTERS

- **How to wear a medical mask safely:**

[https://www.who.int/images/default-source/health-topics/coronavirus/masks-infographic---final-\(a4---web---rgb\).png?sfvrsn=cb3153cf_11](https://www.who.int/images/default-source/health-topics/coronavirus/masks-infographic---final-(a4---web---rgb).png?sfvrsn=cb3153cf_11)

or

<https://healthservice.hse.ie/filelibrary/staff/safe-mask-wear-a4-poster.pdf>

- **How to hand wash:**

https://www.who.int/gpsc/5may/How_To_HandWash_Poster.pdf?ua=1

- **Wearing and removal of PPE:**

https://www.who.int/csr/resources/publications/ppe_en.pdf?ua=1

APPENDIX 2 – Personal Health Check Information form

Name (as shown on passport or ID card)		
National Federation		
Permanent place of residence		
Address during the event		
Mobile Phone Number		
e-mail address		
Countries that you visited or stayed in during the last 14 days		
	NO	YES
Have you had any of the following symptoms during the last 14 days: <ul style="list-style-type: none"> • New or persistent cough • Fever • Loss of sense of taste or smell • Shortness of breath • Headache • Aching muscles beyond that expected in training • Severe fatigue • Loss of appetite/Nausea/vomiting/diarrhea 		
Have you been in contact with someone with a proven infection with Covid-19?		
Have you been in quarantine during the last 14 days or told to self-isolate?		
Have you tested positive to the PCR (Polymerase chain reaction) test during the last 14 days?		

SIGNATURE and DATE:

APPENDIX 3 – Signed National Federations written declaration

Name (as shown on passport or ID card)	
Team leader for which National Federation	
Phone Number	
e-mail address	
<p>I hereby declare that, as National Federation representative, I will not bring to the competition venue any delegation member having the following symptoms during the training period and competition period:</p> <ul style="list-style-type: none">• New or persistent cough• Fever• Loss of sense of taste or smell• Shortness of breath• Headache• Aching muscles beyond that expected in training• Severe fatigue• Loss of appetite/Nausea/vomiting/diarrhea <p>Furthermore, I declare, as National Federation representative, we accept the COVID-19 protocol for the concerned competition, and we will apply strictly all applicable countermeasures.</p>	

SIGNATURE and DATE: