



12^e édition 2022

Coupe Internationale des Pyrénées

Canoë-Kayak Slalom

30 Avril > 1^{er} Mai

Parc Olimpïc | La Seu d'Urgell

7 > 8 Mai

Parc Aquasports | Pau



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www.copapirineus.org



1ST NEWSLETTER

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Dear President,

Dear Secretary General,

The Organizing Committee of the 12th International Pyrenees Cup Slalom cordially invites you to attend the canoe slalom competitions that will be held in May of 2021.

The Pyrenees range of mountains is a tourist area, overlapping the border of France with Spain that will host the participants in a friendly atmosphere. The host cities of La Seu d'Urgell and Pau have a common tradition of cooperation starting on the Twelve Century. The bishop of Urgell, the Count of Bearn has had in the middle age a closer relationship during more than two hundred years. Now the canoe slalom, in two performance venues and an efficient organization crew, bring a new opportunity to strength the ties on both sides of the mountains. The travelling distances between the competition sites are approximately four hours. There is flexibility to combine athlete's schedules and accommodation preferences.

The competition races are sport orientated, to be useful for slalom training and improvement of technical performance. The individual inscription gives wider opportunities to participate and combine sport schedule. **La Seu and Pau competitions are included in the ICF calendar provide** international race.

This is an opportunity in this context of Covid-19 pandemic.

The International Pyrenees Cup Organizing Committee welcomes you to join our 2022 events.



Parc Olímpic del Segre



Thursday, April 28 th	14:00 – 17:00 17:15 – 18:15	Free Training CSL Parc Olímpic del Segre – LA SEU Free Training CSLX
Friday, April 29 th	12:00 - 15:00 15:15 – 16:15 17:15 18:15	Free Training CSL Parc Olímpic del Segre – LA SEU Free Training CSLX Demonstration Heats course and approval Team Leaders meeting
Saturday, April 30 th	08:15 14:45 17:50 19:45	ICF World Ranking competition: Heats : Group 1 : WK1, MK1 - Manche 1 et 2 (<i>if you need it</i>) Heats :Group 2 : WC1, MC1 - Manche 1 et 2 (<i>if you need it</i>) Time trials CSLX Final course demo and approval
Sunday, May 1 st	08:00 11:30 13:30	Semi-final : WK1, MK1, WC1, MC1 Final : WK1, MK1, WC1, MC1 Heats and Finals CSLX

Thursday, May 5 th	16:00 – 19:00 19:00 – 20:00	Free Training CSL Parc Aquasports Stade d'Eaux-Vives – PAU Free Training CSLX
Friday, May 6 th	12:00 - 14:00 and 16:00 – 17:00 17:00 – 18:00 18:15 19:00	Free Training CSL Parc Aquasports Stade d'Eaux-Vives –PAU Free Training CSLX Team Leaders meeting Demonstration Heats course and approval
Saturday, May 7 th	08:30 14:30 16:55 18:50	ICF World Ranking Competition: Heats : Group 1 : WK1, MK1 - Manche 1 et 2 (<i>if you need it</i>) Heats :Group 2 : MC1, WC1 - Manche 1 et 2 (<i>if you need it</i>) Time trials CSLX Final course demo and approval
Sunday, May 8 th	08:00 11:30 13:30 14:00 16:30	Semi-final : WK1, MK1, WC1, MC1 Final : WK1, MK1, WC1, MC1 Medal giving ceremony CSL Heats and Finals CSLX Medal giving ceremony CSLX

ENTRIES, PARTICIPATION FEES

Categories	WK1, MK1, WC1 and MC1													
Nominal Entries	<p>For 2022 ICF RANKING COMPETITION (level 3), entries are open without limitation of the number of boats per event and per federation. National Federations must do all of the entries through the ICF online entries system (SDP) : http://www.canoeicf.com Maximum provisional number of participants: 250 paddlers All paddlers must have an updated national federation license when they confirm their entry, and must designate a Team Manager</p>													
Deadlines :	<p>Athlètes français, inscription La Seu et Pau sur l’Extranet fédéral : http://compet.ffck.org/inscriptions/competition.php</p>													
La Seu April 20 th at 24h	<p>SPANISH athletes must do their entry (CSL – CSLX) through: https://airtable.com/shrr37lf6yA7kOTNa</p>													
Pau April 27 th at 24h	<p>Lien WhatsApp for official communication: https://chat.whatsapp.com/DGIqQLYN2lqCb2BCI2zA0A</p>													
	<p><u>All team leader and athletes must be accredited through SDP</u></p>													
	<p><u>CSLX</u> :Organization only from a minimal number of registrations. Decision after registration</p>													
Participation Fee	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 50%;"></th> <th style="width: 25%;">La Seu + Pau</th> <th style="width: 25%;">La Seu or Pau</th> </tr> </thead> <tbody> <tr> <td>Only CSL (1 category)</td> <td style="text-align: center;">60 €</td> <td style="text-align: center;">35 €</td> </tr> <tr> <td>CSL (1 category) + CSLX</td> <td style="text-align: center;">70 €</td> <td style="text-align: center;">40 €</td> </tr> <tr> <td>Only CSLX</td> <td style="text-align: center;">60 €</td> <td style="text-align: center;">35 €</td> </tr> </tbody> </table> <p>EX : C1 or K1 CSL without CSLX in La SEU + C1 or K1 CSL and CSLX in PAU : 60+5 = 65 C1 and K1 CSL without CSLX in La SEU + C1 or K1 CSL and CSLX in PAU : 60+35+5=100 C1 and K1 CSL and CSLX in La SEU and in PAU : 60+70=130</p>			La Seu + Pau	La Seu or Pau	Only CSL (1 category)	60 €	35 €	CSL (1 category) + CSLX	70 €	40 €	Only CSLX	60 €	35 €
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Only CSLX	60 €	35 €												
Payment	<p>The payment must be done, by cash, in the venue office : La Seu : the 29th of April from 9:30 to 12:30 Pau : the 6th of May from 9:30 to 12:30</p>													
Caution for the bibs	<p>50€ by nation or by club for Spain and France Cash only, in the venue office Espèces ou chèque pour les français</p>													

RULES RACE

General Classification	All paddlers who participated in all competitions
Competition format	ICF rules: Heats, one Semifinal run and one Final run. All paddlers of ICF World Ranking will pass according to ICF progression. Pyrenees Cup paddlers who are outside the limits in each category will be excluded.
Judges	In Pau: French Judges In La Seu d'Urgell: Spanish Judges
Jury	Christophe Prigent, Meritxell Rodriguez and Chief Judge of the competition
Course design	1 French + 1 Spanish in every competition
Classification	You must participate in the two competitions for final standings 0 point to the winner of each competition 2 points to second in each competition 3 points to the third of each competition, and so on... Final standings: Sum of points earned in all competitions In case of tie, this will be resolved by the sum of the final results of the two competitions.
Prizes	<ul style="list-style-type: none"> - Trophy for the best competitor in each category - Gift for the podium - Gift for the athletes - 8 hours of free training for all competitors on each site
Other information	Boat storage will be placed in venues Free wireless internet access will be available Free access pass and car parking near venues will be guarantee



ORGANIZING COMMITTEE:

Christophe PRIGENT

Chief Official of International Pyrenees Cup

Francis COHORT

President of Pau Canoë-Kayak Club Universitaire

Marc VICENTE CASES

President of the Club Cadí Canoe Kayak

Meritxell RODRIGUEZ CADENA

Manager of Parc Olímpic del Segre

Sylvain PUY

General coordinator Pau Canoë Evénements

TBC

Chief Judge in La Seu d'Urgell

Davy EGRAZ

Chief Judge in Pau

The organizing committee will apply the national and international health rules in place at that time

Sanitary measures will be updated by local authorities, and by the ICF.



Parc Olímpic del Segre

The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was re-channelled after the damage caused by the exceptional flood of 1982. The slalom course's specific features are as follows:

- Length : 220 m
- Drop : 6,4 m
- Flow : 10 m³/s
- Course features : concrete bottom, banks and obstacles of natural boulders
- Spectators capacity : 5.000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1,5 m. The designed flow ranges from 3 to 10 m³/s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.



HOW TO GET LA SEUD'URGELL (SPAIN)



GPS:

Latitude 42,22N / Longitude 1,28E

La Seu d'Urgell is placed at 10 km of Andorra and 200 km of Barcelona

BARCELONA AIRPORT Novatel (Barcelona Airport - Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail : novatel@andorrabybus.com

Timetables: Airport – Andorra: 10.30h – 13h – 15h – 17h – 20h

Andorra – Airport: 5h – 8h – 10h – 12h30 – 17h

TOULOUSE AIRPORT Novatel (Toulouse Airport - Gare Matabiau – Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail : novatel@andorrabybus.com

Timetables : Gare Matabiau – Andorra : 10h

Airport – Andorra : 10h30 – 19 30h

Andorra – Airport : 5h – 10h 15h

GIRONA AIRPORT Novatel (Girona Airport – Andorra- Girona Airport)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail : novatel@andorrabybus.com

Timetables : Girona Bus Station – Andorra : 09h30 – 19h45

Andorra – Girona Airport : 5h00 – 14h00

BARCELONA (CITY) Barcelona Bus Station (Estació del Nord) – La Seu d'Urgell

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables : Barcelona – La Seu d'Urgell (daily) : 6h30 – 7h30- 10h30 - 15h -19h

La Seu d'Urgell – Barcelona : 05h30 - 06h30 – 11h30 – 15h30 – 19h

LLEIDA Lleida (Bus Station) – La Seu d'Urgell

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables : Lleida – La Seu d'Urgell : 9h15 – 11h30 - 16h (daily) / 19h (from Monday to Friday)

La Seu d'Urgell – Lleida : 08h40 (from Monday to Friday) / 6h– 16h20 (daily)



The Pau Pyrenees White Water Stadium is constructed in a branch of the river « gave de Pau » and lets its users choose between 3 different ways of functioning : gravitational, mixed (part of the water is recirculated) or only with poms.

The slalom course specific features are as follows:

- Length : 280m
- Breadth : 15m
- Height drop : 2%, 4,8m from start to finish
- Flow : 7 to 14 m³
- Conveyors belt transports participants from finish to start point without leaving boats
- Courses features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity : 8 000 people
- Startpool : 5 000 m²
- Finishing Lake: 1800 m²

Athlete also have the possibility to gather the « gave de Pau » from our finishing lake via a 200m long course equipped with gates. This part of the stadium is also used as a warmer / beginners course.



HOW TO GET PAU (FRANCE)



Pau Portes des Pyrénées is situated at 770 km from Paris, 200 km from Bordeaux and Toulouse and 100 km from French bask coast.

160 km from San Sebastian, 236 km from Saragosse and Bilbao

GPS: lat 43.300853 / long : -0.373235

HOW TO GET HERE:

By plane:

Pau Pyrenees airport proposes daily flights to Paris, Paris Beauvais, Lyon, Marseille, Rome, London and Bruxelles Charleroi. Also, in a perimetre of 200 km you have the choice between many airports:

N°	Name	Distance from competition site	Time needed
Airport n°1	Pau-Pyrénées	10 km	25 min
Airport n°2	Tarbes-Ossun	35 km	40 min
Airport n°3	Biarritz	110 km	1h10 min
Airport n°4	Bordeaux	200 km	2h
Airport n°5	Toulouse	200 km	2h

By train:

Four trains leave Pau daily to link Paris in only 5 hours. Direct trains go to Bordeaux, Toulouse, Biarritz, Nice, Vintimille, Genève and Spain.

	Name	Distance from competition site	Time needed
Station 1	Pau	Less than 1 km	5 min
Station 2	Toulouse	200 km	2h
Station 3	Bordeaux	200 km	2h

By car:

Since December, a new motorway, the A65, opened linking Pau to Bordeaux in just 1h30.



Pau Canoë Evénements

Parc Aquasports Stade d'Eaux Vives – Sylvain Puy

Tel. +33 7 85 64 02 80

Web: <http://www.copapirineus.org>

Email: contact@paucanoe.com

Parc OlímpicdelSegre

25700 La Seu d'Urgell (Lleida)

Tel. 34 973 36 00 92

Fax. 34 973 36 01 92

Instagram: @canoelaseu

Web: <http://www.copapirineus.org>

Email: canoeslalomseu@parcolimpic.cat

USEFUL LINKS:

International Canoe Federation

www.canoeicf.com

French Canoe federation

www.ffck.org

Spanish Canoe Federation

www.rfep.es

Catalan Canoe Federation

www.fcpiraguisme.com

Seud'Urgell Tourist information

www.turismeseu.com

Seud'Urgell Town hall

www.laseu.cat

Parc OlímpicdelSegre

www.parcolimpic.cat

Pau Tourist Information centre:

www.pau-pyrenees.com

Pau Town Hall:

www.pau.fr

Parc Aquasports Stade d'Eaux Vives

<https://paupyrenees-stadeeauxvives.fr/>

THANKS TO INSTITUTIONS AND SPONSORS



Ajuntament de
La Seu d'Urgell



assureur militant

