

# WILD WATER WEEKEND



6 - 7 APRIL 2024  
NATIONAL WATER SPORTS  
CENTRE  
NOTTINGHAM



1  
EUROPEAN  
CANOE ASSOCIATION

## TABLE OF CONTENTS

<b>1. WELCOME</b>	3
<b>2. GENERAL INFORMATION</b>	4
2.1 Outline Schedule	4
2.2 Venue	5
2.3 Key Event Contacts	5
2.4 Location	6
<b>3. VENUE</b>	7
3.1 Venue Information and Venue Map	7
3.2 Technical Aspects of the White Water Course	8
<b>4. EVENT AND COMPETITION DETAILS</b>	8
4.1 Entry Information: WWR European Canoe Association (ECA) Cup, British Open and Sprint Championships.	8
4.2 Entry Information: Freestyle	9
4.3 Entry Information: Raft Racing	9
<b>5. WATER QUALITY</b>	10
<b>6. ACCOMMODATION &amp; PARKING</b>	11
6.1 Accommodation at the National Water Sports Centre	11
6.2 Hotel accommodation in the local area	11
6.3 Event Parking	11
<b>7. MEDICAL SERVICES</b>	12

# 1. WELCOME

We welcome this first Wild Water Weekend, which combines the exhilarating wild water sports of Raft Racing, Freestyle and Kayak racing into one weekend of action-packed activity at the Holme Pierrepont White Water Course in Nottingham.

The event also sees the return of international wild water kayak racing in the UK, hosting a ECA European Cup event, the first international event in UK waters since 2005.

Wildwater racing is a time trial in the purest of whitewater racing forms - the athlete, the river, the clock. Racing performance is the result of physical conditioning, skill and harmony with the water. Beautiful water, scenery and companionship make the Wild Water Racing experience compelling. The competitor is free to take whichever route on the river they desire, a freedom of racing unsurpassed in the whitewater world.

Freestyle kayaking is a fun, fast and dynamic discipline. Freestyle paddlers use white water waves and holes to perform surf and gymnastic-style manoeuvres and tricks. The short kayaks are designed to surf and spin across the water surface, and release up into the air.

Rafting is an exhilarating sport where crews navigate a whitewater course in a Head to Head or Time Trial format. Rafting is inclusive for all and entry into this event can be made individually or as a team of four. Individual entries will be grouped into a team.

## 2. GENERAL INFORMATION

### 2.1 Outline Schedule

The WWR ECA Cup and British Open will be the main attractions for the event, with the exciting addition of cross-discipline working to integrate Freestyle and Rafting into the schedule.

The outline schedule for the weekend can be seen in the table below. This will inform whether you can compete in multiple disciplines as part of your trip to the event.

If you wish to compete in multiple event and are concerned about the scheduling, please contact the event lead: [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk)

#### SATURDAY 6TH APRIL

Time	WWR		Rafting		Freestyle	
12.00			<a href="#">Head to Head</a>	Full Course		
13.00			<a href="#">Head to Head</a>	Full Course		
14.00	Free Practice	Full Course			Jam Heats	Inlet
15.00	Free Practice	Full Course			Jam Heats	Inlet
16.00	Free Practice	Full Course			Jam Heats	Inlet
17.00	First Runs	Full Course			Jam Heats	Inlet
18.00	Second Runs	Full Course			Finals	Inlet
19.00	Finish	Full Course			Finish	Inlet
20.00	Results and Prize Giving					

#### SUNDAY 7TH APRIL

Time	WWR	
09.00	Briefing	Nottingham Kayak Club
10.00	Classic Race	Start at Nottingham Kayak Club
13.00	Prize Giving	HPP Whitewater Course

## 2.2 Venue

National Water Sports Centre  
Holme Pierrepont Country Park  
Adbolton Lane  
Holme Pierrepont  
Nottingham  
NG12 2LU  
<https://www.nwscnotts.com/>

## 2.3 Key Event Contacts

Role	Name	Contact
WWR Event Lead	Rob Guest	<a href="mailto:rob@k1-solutions.co.uk">rob@k1-solutions.co.uk</a>
Freestyle Event Lead	Tanya Neilson	<a href="mailto:chair@gbfreestylekayaking.co.uk">chair@gbfreestylekayaking.co.uk</a>
Rafting Event Lead	Beth Kirby	<a href="mailto:eoc@britishrafting.com">eoc@britishrafting.com</a>
British Canoeing	Macauley Allen	<a href="mailto:macauley.allen@britishcanoeing.org.uk">macauley.allen@britishcanoeing.org.uk</a>
British Canoeing	David Rogers	<a href="mailto:david.rogers@britishcanoeing.org.uk">david.rogers@britishcanoeing.org.uk</a>
British Canoeing	Events	<a href="mailto:events@britishcanoeing.org.uk">events@britishcanoeing.org.uk</a>
Entry Enquiries WWR	Jamie Christie	<a href="mailto:jamie@nutrasolve.co.uk">jamie@nutrasolve.co.uk</a>
Campsite Enquiries	NWSC	<a href="mailto:info.nswc@serco.com">info.nswc@serco.com</a>

British Canoeing +44 (0) 300 0119 500  
National Water Sports Centre, Adbolton Lane, Holme Pierrepont, Nottingham, NG2 2LU

**For any enquiries into the event, please use the above contacts as a starting point. However, if none of the above relate to your enquiry, please contact:**  
[events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk)

## 2.4 Location

Situated just 10 minutes from Nottingham City Centre, Holme Pierrepont Country Park is home to the National Water Sports Centre and British Canoeing.

Nottingham is considered to be the best city outside London for public transport links and is one of the greenest cities in the UK. Based in the heart of the country, Nottingham occupies a fantastic central location with excellent transport links via road, rail and air.

### By Air

	Distance	Time	Destinations
East Midlands Airport	27 km	25 mins	Regular flights to and from Europe
Birmingham Airport	80 km	60 mins	Europe, the Middle East, the Indian subcontinent, North America and the Caribbean
Manchester Airport	130 km	150 mins	Europe, the Middle East, the Indian subcontinent and North America
London Luton Airport	160 km	110 mins	Primarily Europe but also some Middle East, the Indian subcontinent and North America destinations
London Heathrow	200 km	150 mins	Global

### By Rail

Nottingham Train Station – 10 minute drive to the venue.

Direct train service from London St Pancras (easy access from London Airports) which is also home to the Eurostar.

### By Road

At the heart of the UK road network Nottingham is 20 minutes off the M1 motorway. As you approach Nottingham, follow the brown tourist signs for the National Water Sports Centre which will direct you to the site.

### By Bus

Nottingham bus routes 11 and 11C have a stop a 10 minute walk from the White Water Course.

Travel by bus to Nottingham from East Midlands Airport, Birmingham, Manchester and London as well as many other cities is also available.

## 3. VENUE

### 3.1 Venue Information and Venue Map

Set in 270 acres (1.1 km<sup>2</sup>) of parkland, Holme Pierrepont Country Park not only offers a host of water activities, but also a range of land based activities. The centre is made up of three distinct pieces of water:

- A 2,000 metre regatta lake
- A 700 m purpose-built white water canoe slalom course
- A canoe polo and open water swimming lagoon



### 3.2 Technical Aspects of the White Water Course

Built in 1986, the course is made primarily from concrete. It is approximately 1500 metres long, drops just over 4 metres in height to produce Grade 3 white water rapids. River flow is dependent on rainfall but due to the large catchment of the River Trent, flows between 16 and 25 cubic metres per second are normal. Control of flow to ensure a consistent feature is achieved using a mechanical inlet gate.

The course had a refit in 2009 with design by athletes and rafters to ensure the course can stage major sporting competitions whilst providing the maximum thrills for day to day white water rafters and paddlers. Along with essential maintenance, some of the original concrete obstacles were removed and Omniflots (large plastic movable blocks) were added.

## 4. EVENT AND COMPETITION DETAILS

### 4.1 Entry Information: WWR European Canoe Association (ECA) Cup, British Open and Sprint Championships.

#### Event Description

The WWR ECA Cup is an international grade event and is one of six events happening throughout 2024. International paddlers are welcomed and encouraged to participate at the event alongside the British paddlers.

Alongside the ECA cup, the event will also include the British Open and Sprint Championships, where selection for the GB WWR team will be on the line.

#### Entry

Entries for the WWR ECA Cup will be taken from the [WWR website HERE](#).

Entries cost £20.

Late entries can be accepted until 15:00 hrs on 6th April 2024. There will be a late entry surcharge of £10. A single entry will cover all events for the weekend, sprint and classic races.

#### Ranking Points:

The sprint race will be an ECA Cup race, and therefore the results will award ranking points towards ECA Cup ranking.

#### Course Details:

Distance: 300m

River Grade & Hazards: Grade 3

Start: Sprint below entry slice

Finish: Sprint, below muncher

#### Schedule:

##### Saturday 6th April

- Registration: 14:00
- Course Practice: 14:00
- Briefing: 15:00
- First Runs (all classes): 16:00 - 17:00
- Second Runs (all classes): 18:00 - 19:00
- Results & Prize Giving: 20:00

##### Sunday 7th April

- Briefing: 09:00
- Classic Race: 10:00 - 11:30



## 4.2 Entry Information: Freestyle

### Event Description

Come and give Freestyle competition a go! Open to all, this event is a great opportunity to try your first competition. We'll be using a score sheet that covers all your favourite moves from Paddle Spins and Cosmic Donkeys, to Loops and McNastys. Jam style heats where everyone gets approximately 20 minutes to get as many moves in as possible. Top 5 in each category will go into the final.

Categories: K1 Men, K1 Women, Junior K1 Men, Junior K1 Women, C1 Men, C1 Women, OC1.

### Entry

Entries to the Freestyle event can be made through the [entry system found HERE](#).

Entries cost £10.

To be eligible to take part, you must have one of the following:

- Any UK National Association 'On the water' membership, or equivalent.
- Any UK National Association Club Associate
- Single Event Membership - cost of £5.

## 4.3 Entry Information: Rafting

### Event Description

A Fun introduction event to give paddlers the opportunity to try one of the raft racing disciplines. In teams of 4 you will race against another team, battling down the whitewater course and around 2 gates in a race to the finish. You will race multiple teams in a box league, with the winners battling it out in a final race.

No rafting experience is necessary; however some paddling experience is required. You can enter either as a team of 4, or as an individual and you will be matched up with other paddlers. All teams will be accompanied by an experienced raft racer to enable you to get the most out of the event.

All paddlers must be 14+ so get yourself and your friends together and come give raft racing a go!

### Entry

Entries for the Rafting event can be made through the [entry system found HERE](#).

Entries for a full raft cost £40.

Entries for a single raft place cost £10.

To be eligible to take part, you must have one of the following:

- Any UK National Association 'On the water' membership, or equivalent.
- Any UK National Association Club Associate
- Single Event Membership - cost of £5.

### Rafting Competition Schedule

- H2H will be run at 3-minute intervals and run off the same sprint course as the wildwater race.
- Teams will compete in a round robin style event, competing against 3 other teams.
- The winning teams will face off in the grand final.

## 5. WATER QUALITY

The water facilities at the National Water Sports Centre are supplied from a variety of sources including surface streams and the River Trent. The vast majority of people using the watersports facilities have no ill effects at all however to reduce the risk of illness it is suggested that paddlers avoid swallowing the water, cover minor scratches with a plaster, wash or shower as soon as possible and before eating/drinking, rinsing kit and washing hands after handling kit.

If you fall ill with symptoms after watersports, particularly from 3-19 days following, then see a doctor immediately.

The Centre test the water quality daily and update their website with the current status: <https://www.nwscnotts.com/nwsc/policies-documents/water-quality/>

With the event held in the spring we anticipate good water quality but would always recommend water users to have strong hygiene protocols.

## 6. ACCOMMODATION & PARKING

### **6.1 Accommodation at the National Water Sports Centre**

The National Water Sports Centre has a variety of accommodation offerings on the site including hotel-style rooms in the Lakeside Building, a self-contained cottage ideal for groups or camping pitches, arches and bell tents on the campsite.

#### Lakeside Accommodation

For more information on the Lakeside accommodation visit: <https://www.nwscnotts.com/nwsc/accommodation/>

#### Camping

For more information on the campsite visit: <https://www.nwscnotts.com/hpcp/short-breaks/>

The event has secured a preferential discounted rate for athletes, team staff and volunteers wishing to use the local campsite.

To book please use the above link and discount code **BCECACUP** for 10% off your booking.

## **6.2 Hotel accommodation in the local area**

There are a number of hotels in and around the city. Prices range from £50 per room per night crash pad at a 4\* hotel, £70 per room per night for 3\* accommodation, through to more expensive rooms at 4\* hotels.

You are advised to avoid the city centre hotels where parking may be an issue as they use public multi storey car parks and access with canoes may be difficult.

## **6.3 Event Parking**

Parking will be available at the National White Water Centre. The car park operates an ANPR system , so there will be a small charge to use the car park. The payment machines can be found in the car park, or you can pay by phone.

# **7. MEDICAL SERVICES**

There will be a First Aider on-site during the event, however for anything more serious, there are local hospitals close by.

Queen's Medical Centre Nottingham is 7.7 km (4.8 miles) providing 24 hour a day accident and emergency services.

NHS Urgent Care Centre, Seaton House, City Link, Nottingham NG2 4LA is located 4.3km (2.7 miles) from HPP, and open daily 7am-9pm providing minor injury emergency care.